

WALKING LAKE GARDA AND ISEO

Day walks in the Italian Lakes

ISBN: **9781786310248** (Short Code: 1024)

Publication Date: **April 2019**

Price: **£14.95**

Edition: **First** (replaces 9781852848248)

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Paperback Gloss Laminated, 128 pages

17.2cm x 11.6cm

This guidebook describes 20 day walks around the magnificent Lago di Garda, Italy's largest lake, and the lesser known but charming Lago d'Iseo. The routes range from 4 to 13km in length and are graded 1 to 3. There is something for everyone, from easy leisurely strolls for first-time walkers to strenuous climbs up panoramic peaks.

The magnificent northern Italian lakes need little introduction to travellers, blessed as they are with the Alps as their backdrop. Formed by ancient glaciers and hemmed in by awesome towering cliffs, Lago di Garda boasts a superb network of well-marked trails exploring alpine ridges and peaks, in addition to ancient stepped ways to fascinating industrial archeology sites. The southern shores are very Mediterranean in flavour, lined with olive groves and vineyards. Beautiful Lago d'Iseo is one of Italy's well-kept secrets. In 1747 Lady Mary Wortley Montagu described it as 'a place the most beautifully romantic I ever saw in my life'. Well out of view until you actually reach its shores, it boasts an attractive mountainous island, appropriately named Monteisola.

All routes are illustrated with clear maps and inspirational photographs, with full information provided about accommodation and public transport options, making this guidebook an ideal companion for exploring the exceptional scenery, views and culture.

Key marketing points

- Garda is the largest lake in Italy
- The area is popular with visitors from all around the world

About the author

Gillian Price has trekked throughout Asia and the Himalayas, but now lives in Venice. Gillian has steadily explored the mountain ranges of Italy, and Corsica, and brought them to life for visitors in a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club (CAI) and Mountain Wilderness.

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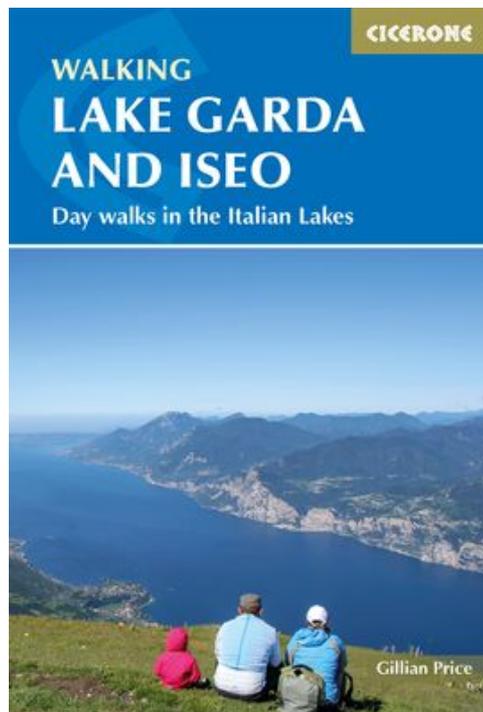
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