

# WALKING THE LAKE DISTRICT FELS - CONISTON

The Old Man of Coniston, Swirl How, Wetherlam, Duddon valley and Eskdale

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Author: **Mark Richards**

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17.2cm x 11.6cm

Perfect for keen hillwalkers and peak-baggers alike, this guide describes ascents of 24 Lake District fells located in the southwest of the region and accessible from Coniston, the Duddon valley, Birker Fell and Corney Fell. The Coniston Fells are perennially popular with both locals and visitors alike, whereas the southwestern summits are much quieter, offering solitude and tranquility, as well as fantastic maritime and mountain views.

Unlike other guidebooks which describe a single or limited number of routes to a particular destination, the aim of the Walking the Lake District Fells series is to offer all the options. These are presented as numbered sections which can be combined to create infinite possibilities – from simple ascents to longer ridge routes. Walkers have both the freedom to devise their own routes and the information to make informed decisions, thanks to the clear descriptions of the routes themselves, terrain, hazards, interesting features and safe descent paths should the weather close in. A handful of classic ridge routes are also described.

The series is a celebration of the fells and combines Mark Richards' inimitable text with HARVEY mapping and the author's own beautiful sketch topos and panoramas. Conveniently sized to fit in a pocket or rucksack top, the books can be used both for pre-planning and on the hill. These true connoisseurs' guides are sure to inspire you to get out and explore.

## Key marketing points

- Replaces the Lakeland Fellranger series
- Provides a fell-by-fell guide to walking in the Lake District

## About the author

In 1980 Mark Richards began his three-part guide to the Peak District for Cicerone Press. He later moved to Cumbria and, after 14 years' dedicated research, completed his series of Lakeland Fellranger guides covering the entire region. He has also written a guide to Hadrian's Wall Path.

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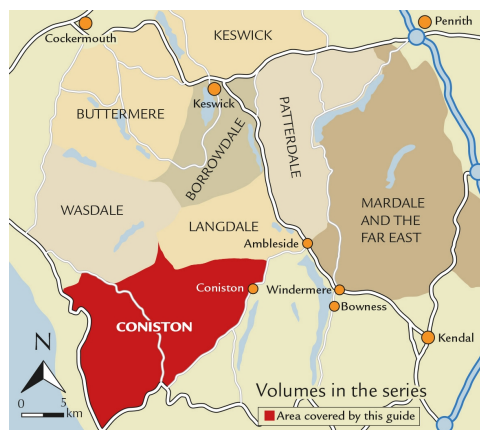
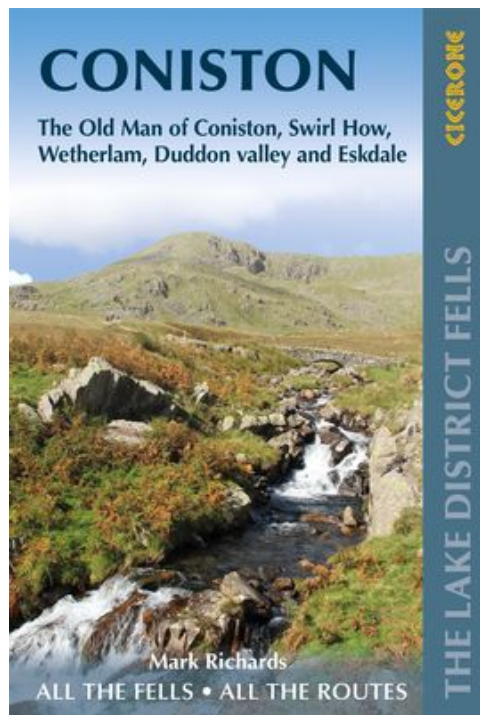
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