

HADRIAN'S CYCLEWAY

Coast-to-coast cycling from Ravenglass to South Shields

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Hadrian's Cycleway is an official well-waymarked 174 mile route from Ravenglass to South Shields, described in this guide from west to east over three days. The guide provides plenty of options to customise the route to make it suitable for cyclists of all abilities, from a challenging single day ride to a more leisurely 4 or 5 day trip. Advice is also given for reversing the route to complete Hadrian's Cycleway from east to west.

Alongside the official route of the Sustrans' HCW, this guide also provides the 'More Wall Alternative' as an variation to the Haltwhistle section, which takes cyclists to key Roman sites including Vindolanda and Housesteads, and provides views of the iconic Sycamore Gap.

Within this guide is all the information needed to plan and explore Hadrian's Wall. Advice on bikes and equipment, where to stay and historical sites to visit. The appendices include contact details for the bike shops available in each of the major centres, which include Whitehaven, Workington, Silloth, Carlisle, Haltwhistle, Hexham and Tynemouth.

Key marketing points

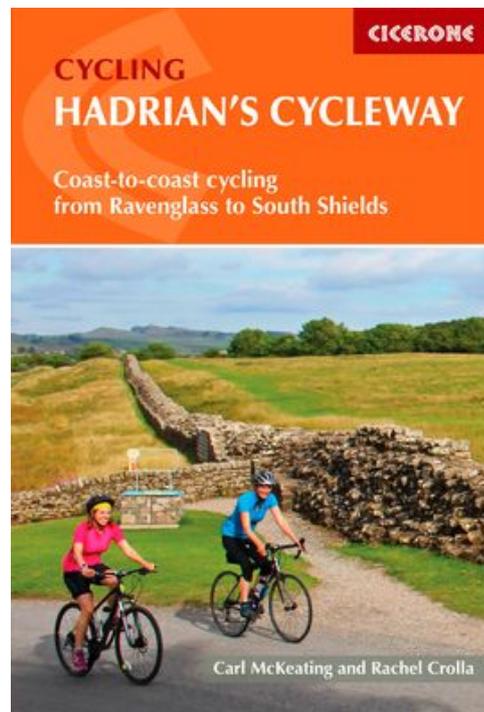
- A popular established cycleway
- Includes the 'More Wall Alternative' and plenty of options to customise the route

About the author

Carl McKeating and Rachel Crolla live on the edge of the Yorkshire Dales and are outdoor pursuits all-rounders. In 2018 Rachel's guide to the Way of the Roses (Cicerone) was published; her work on the book inspired Carl to ride the whole 170 mile tour in day. Recently the couple have enjoyed fostering a love of cycling in their two children, including many family cycle routes in their recent book, *Outdoor Adventures with Children: Lake District*.

Related books

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