



WALKING IN THE ENGADINE - SWITZERLAND

Bernina, Engadine valley and Swiss National Park

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Author: **Kev Reynolds**

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A guidebook to 100 of author Kev Reynold's favourite routes in the Engadine. Varying from gentle rambles to adventurous high-level routes for the experienced mountain walker. Each graded route ranges from 4 to 16km long, visiting forests and meadows, high mountain landscapes, lakes and passes. There's something for every walker's taste: gentle valley rambles for a family outing; craggy mid-mountain walks for the more adventurous; high-level routes that lead across glacier, snowfield and rugged passes for the experienced mountain trekker.

Tucked away in the south-east corner of Switzerland, the Engadine is a region of lakes and mountains, home of the country's only national park, guardian of the Romansch language and location for some of the most sublime villages in all the Alps. These walks not only reveal breathtaking views, but take the walker into secretive inner glens and onto remote alp pastures bypassed by the 21st century.

The guide includes detailed route descriptions with recommended maps and sketch maps of the region, plus lots of practical information for planning your trip and a German–Romansch–English glossary.

Key marketing points

- Third edition of a successful, comprehensive guide
- The Engadine is a region of lakes and mountains, home of the country's only national park

About the author

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press (Walks & Climbs in the Pyrenees) appeared in 1978; he has since produced many more titles for the same publisher, with others in the pipeline. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished after a lifetime's activity, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

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