



# THE ELBE CYCLE ROUTE

Elberadweg - Czechia and Germany to the North Sea

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Guidebook to the Elbe Cycle Route, a 1232km journey (almost entirely downhill) from source through Czechia and Germany to the North Sea. The route is described across 29 stages (plus a practical prologue stage) ranging from 21 to 69 kilometres. Suggested schedules include 13, 15, 17 and 19 day options, depending on fitness and ability, making this an idyllic 2 to 3-week cycle tour.

Following western Europe's third longest river, the Elbe Cycle Route is arguably the easiest long-distance cycle route on the continent (as far as gradients are concerned). The route is mostly asphalt surfaced, either on dedicated cycle tracks or quiet country roads, though there are some stretches on gravel or unsurfaced tracks. Rich in history is something of an understatement: the route takes in Dresden, Magdeburg and Hamburg, as well as Pardubice, Meissen and Dessau, and crosses the now abolished 'Iron Curtain'.

Map extracts at a scale of 1:150 accompany clear route description, with gradient profiles provided where they are useful. Background information on the region's history and natural environment is also included, as are practical tips relating to preparation, transport to the start and finish, accommodation, amenities, navigation and safety.

## Key marketing points

- Easy, flat cycling mainly on quiet country roads and dedicated cycle tracks
- One of Europe's most varied cycling routes

## About the author

Mike Wells has been a keen long-distance walker and cyclist for over 25 years. He has walked all the major British trails, the GR5 through the Alps from Lake Geneva to the Mediterranean and has explored the Italian Dolomites' Alta Via routes. He has also walked in Poland, Slovakia, Slovenia, Norway and Chilean Patagonia.

Mike has cycled the C2C route across northern England and Lon Las Cymru in Wales, as well as the Camino and Ruta de la Plata to Santiago de la Compostela. He has completed an end to end traverse of Cuba, a circumnavigation of Iceland and a trip across Lapland to the North Cape.

## Related books

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