

WALKING IN COUNTY DURHAM

40 walking routes exploring Pennine moors, river valleys and coastal paths

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This guidebook contains 40 routes exploring all parts of County Durham. Ranging from 5 to 24km in length, the walks encompass wild moorland, rolling pastures, riverbanks and the low cliff coast. With such a range of possibilities, there are walks here for all abilities, from easy wanders to more challenging days in the hills.

Roman forts, ancient churches and castles are found in a rich, varied and wonderfully scenic landscape. Solid stone villages encircle extensive greens, while on the high Pennines, vast tracts of moorland are now designated as 'open access'. County Durham lies between two mighty rivers - the Tyne to the north and the Tees to the south. The county stretches from the high Pennines in the west to a low cliff coast in the east.

As well as detailed route descriptions and annotated OS maps for every route, the guidebook includes useful practical information, from distance, ascent and terrain information, to refreshments along the way and public transport access. In addition, the guide provides advice on preparation and how to get to and around County Durham, as well as details on the geology, history, wildlife and points of interest along the way.

Key marketing points

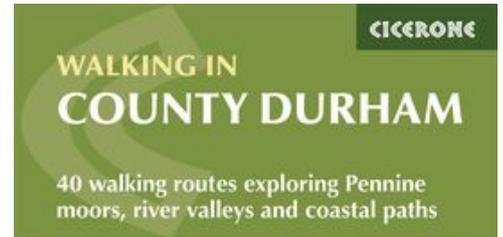
- Covers a wide selection of routes throughout the county
- Popular with tourists and locals; attractions include remote moorland, Beamish museum, and the city of Durham

About the author

Paddy Dillon is a prolific walker and guidebook writer with over 90 guidebooks to his name, and contributions to 40 other titles. He has written for several outdoor magazines and other publications, and has appeared on radio and TV. Paddy is an indefatigable long-distance walker who has walked all of Britain's National Trails and several European trails. He has also walked in Nepal, Tibet, Korea and the Rocky Mountains of Canada and the US. Paddy is a member of the Outdoor Writers and Photographers Guild and President of the Backpackers Club.

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