

SHORT TREKS ON CORSICA

Five mountain and coastal treks including the Mare a Mare and Mare e Monti

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Guidebook describing five of Corsica's most popular shorter treks: the 2-day coastal Sentier du Douanier (Customs Officer's Path) around Cap Corse; two coast-to-coast routes through the central mountains, the 11-day Mare a Mare Nord and the 5-day Mare a Mare Sud; and two 'coast and mountains' routes, the 10-day Mare e Monti and the 5-day Mare e Monti Sud. The routes can be linked to create longer excursions and accommodation is provided by a mixture of walkers' hostels, B&Bs and hotels; camping is also an option.

Each of the waymarked trails is presented in daily stages, averaging around 12–13km, with route description, mapping and notes on accommodation options. There is advice on how to get there, when to go and what to take, plus accommodation listings, useful contacts and French/Corsican–English glossary. The guide also offers a wealth of information about the island's rich plant and wildlife.

With a favourable climate and magnificent mountain and coastal scenery, Corsica is a wonderful trekking destination. While the island's most famous long-distance route, the GR20 (covered in a separate guide), is considered the most difficult of all the European GR long-distance trails, these shorter routes represent a far more accessible option for trekkers wishing to explore the island. From turquoise bays to rugged mountains, the trails showcase the 'real' Corsica, away from the bustling coastal resorts.

Key marketing points

- Five long-distance trails take you around and through the island
- The trails explore both the remote and well-known areas of this beautiful island

About the author

Gillian Price has trekked throughout Asia and the Himalayas, but now lives in Venice. Gillian has steadily explored the mountain ranges of Italy, and Corsica, and brought them to life for visitors in a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club (CAI) and Mountain Wilderness.

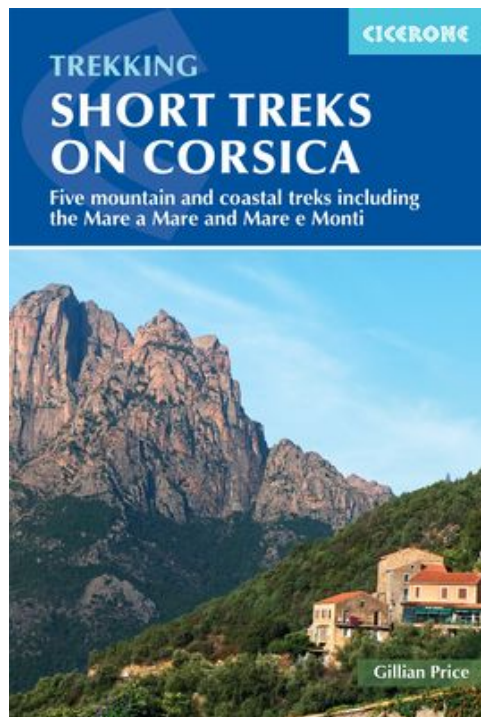
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