



# WALKING THE BRITTANY COAST PATH

The GR34 from Mont-Saint-Michel to Roscoff

---

ISBN: **9781786310613** (Short Code: 1061)

Publication Date: **April 2022**

Price: **£16.95**

Edition: **First**

Author: **Carroll Dorgan**

Paperback Gloss Laminated with flaps, 216 pages

17.2cm x 11.6cm

This guide describes a 624km section of the 2000km French long-distance trail the GR34 ('Sentier des Douaniers', the Customs Officers' Path), following the north coast of Brittany from ever-popular Mont-Saint-Michel to the port of Roscoff. The waymarked, well-maintained route offers mainly easy walking though there are a few more strenuous sections and some short steep ascents and descents. It takes around a month to complete but the guide also includes suggestions for four 5-day 'highlight' sections.

The route is described from east to west and presented in 28 stages, each with clear route description and mapping, summary statistics and notes on facilities, accommodation, public transport connections and local points of interest. The introduction offers plenty of practical advice for planning and undertaking your trip, as well as overviews of Brittany's rich history and culture. Selected accommodation listings, useful contacts and a glossary can be found in the appendices.

Following in the footsteps of customs officers of old who patrolled the coast in attempt to curb smuggling, the trail showcases the region's diverse scenery: sea-cliffs and beaches, rocky shores and river estuaries, woodland and heath. Although camping is a possibility, accommodation is readily available in a mixture of bustling seaside resorts and quieter fishing villages. With plenty of opportunities to experience Breton history and culture, the GR34 offers an ideal way to discover this beguiling coastline.

## Key marketing points

- The GR34 is the most popular of the Grande Randonnée long-distance footpaths
- The waymarked, well-maintained route offers mainly easy walking

## About the author

Carroll Dorgan was born and educated in the United States and initially pursued a teaching career for a decade in international schools in Iran, Belgium, England and France. He then returned to California to qualify as a lawyer but soon moved back to Europe to practice international law in the Netherlands and France. In all of those places, he explored nearby hiking trails.

Over the years, the GR5 became Carroll's favourite trail and he wrote a Cicerone guidebook for the northern part of the route. Then he discovered Brittany and with each hike on the magnificent Breton coast, he became keen to learn more and to share his love of the region with Cicerone's readers.

## Related books

9781852849184 - Trekking the Robert Louis Stevenson Trail

9781786310477 - Trekking the Cathar Way

## We can help you

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer  
sarah@cicerone.co.uk

