



THE BOOK OF THE BIVVY

Tips, stories and route ideas

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Bivvyng offers a chance to experience a whole new level of immersion in the outdoors, with just a lightweight bag between you and the elements. The Book of the Bivvy provides an informed, humorous, instructive, wry insight into the world of the bivouac, drawing upon the author's wealth of personal experience.

The book is a half-and-half mix of how to do it and why to do it (or how not to do it and why not to do it). Accounts of bivvybag nights and expeditions, both nice and nasty, are interspersed with practical tips about types of membrane, sites, techniques and minimalist kit. There are stories and anecdotes from all over the UK, plus a few from abroad, including an account of how improved bivvyng technique enabled the first successful ascent of the Eigerwand. The rich and colourful history of the bivvy - from an early historical account from Classical Greece to modern times - is explored in Ronald's own inimitable style.

The Book of the Bivvy is a celebration of 'back-to-basic' camping, the perfect antidote to our fast-paced, comfort-based modern life. Honest and entertaining, there is every chance it will inspire the reader to find a remote hill top, roll out their bag and watch the sunset.

Key marketing points

- Previous edition has sold over 10,000 copies
- Ideal for the adventurous outdoor enthusiast

About the author

Ronald Turnbull writes regularly for TGO, Lakeland Walker, Trail and Cumbria magazines. His previous books include Across Scotland on Foot, Long Days in Lakeland and Welsh 3000ft Challenges. He has written many other Cicerone guides, including Walking in the Lowther Hills, The Book of the Bivvy and Not the West Highland Way.

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