

WALKING THE VIA FRANCIGENA PILGRIM ROUTE - PART 3

Lucca to Rome

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This guidebook describes the final 400km of the Via Francigena pilgrim route from Lucca to Rome and the Vatican City. Crossing Italy's heartland, the route goes through two of Tuscany's most important cities, Lucca and Siena, and visits medieval San Gimignano, Monteriggioni and Radicofani. The route is described in 18 stages and is suitable for walkers of average fitness.

Certified by the Council of Europe as an official Cultural Route, the Via Francigena from Canterbury to Rome brings to the modern pilgrim the cultural heritage of four nations – England, France, Switzerland and Italy – and highlights their natural beauty and their history.

Each stage has route directions and 1:100,000 mapping which shows the route line and the facilities available at different locations. The book details accommodation along the route, including invaluable information on low-cost pilgrim hostels. There are city maps for Lucca, Siena, Rome and Viterbo, and a stage planning guide that lists intermediate distances between pilgrim accommodation, allowing the reader to customise their walking schedule.

The introduction contains a wealth of advice on planning and preparation and tips for making the most of the walk.

This guidebook is one of a set of three volumes covering the complete Via Francigena.

Key marketing points

- The section from Lucca to Siena remains the most popular stretch of the Via Francigena route

About the author

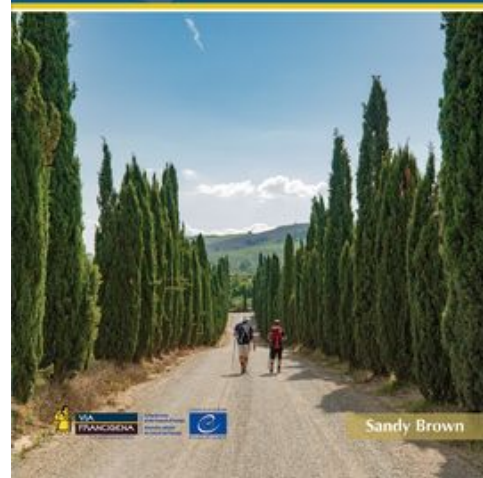
Sanford 'Sandy' Brown is a community activist, long-distance walker and ordained minister from a small town near Seattle, Washington. Inspired by 'The Pilgrimage' by Paulo Coelho, he trekked the Camino de Santiago in 2008 and since then has walked or biked over 10,000km on pilgrim trails in Spain, France, Switzerland, Italy and the United States. He records his pilgrim adventures in his popular blog at <https://caminoist.org> and at www.youtube.com/sandybrown

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