

VANOISE SKI TOURING

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-Ski touring in the Vanoise- provides an introduction to ski touring in the French -département- of Savoie and covers the Vanoise National Park and surrounding area. Skiing exploded in Savoie in the 1960s and 1970s, when every mountain village wanted to exploit the -white gold- that fell every winter. Despite the massive development of ski resorts, including some of the biggest and best in the world, many areas remained untouched and became the reserve of ski tourers. It is in these untouched areas that you will find the real -white gold- of Savoie.

The guide is aimed at skiers who find the magnificent, unspoilt scenery and peace and quiet of the mountains as exhilarating as the thrill of a perfect descent. The guide covers all the major areas of the region and includes tours of all levels of difficulty and of all styles, from one-day trips to multi-day, hut-to-hut journeys. The tours that have been chosen reflect the variety of landscape and skiing that makes ski touring in Savoie so special.

The guide is divided into 12 chapters, which describe 63 days of skiing, with over 100 additional alternatives and variations. Although more than an off-piste skiing guide, many of the tours start from resorts and can be combined with a resort-based ski holiday.

Key marketing points

- 11 tours in the Vanoise area of Savoie including the Lauziere, Belledonne, Beaufortain, Valloire, Mont Thabor, North Vanoise, the Glaciers de la Vanoise, Val D'Isere, Ambin valley, Averole and Carro/ Evettes. Also ascents of the main peaks in the region.
- Thorough introduction to the ski touring potential of the region and how to make the most of it.

About the author

Paul Henderson moved to France in 1995, where he was introduced to the delights of ski touring. He has spent the last seven years exploring the mountains around his home in Chambéry, France on foot as well as on skis.

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