

WALKING IN LANCASHIRE

40 Walks around the County

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The 40 walks range from 5 to 12 miles in length and extend around Cockerham, Lytham, Martin Mere and Croston to the heights of Boulsworth Hill, Ward's Stone, Fair Snape Fell and Pendle Hill.

Lancashire has a great variety of landscape, ranging from the low lying land around Cockerham, Lytham, Martin Mere and Croston to the heights of Boulsworth Hill, Ward's Stone, Fair Snape Fell and Pendle Hill. Its hedgerows, pastures, riverbanks, hills, moors and shoreline are rich in bird and plant life. Its many picturesque villages are rich too, in fine churches, ancient dwellings, pleasing bridges and interesting legends.

The detailed instructions given for each will take the walker mainly on paths and tracks, with road walking limited to a minimum. The variety of Lancashire-s landscape ensures that whether an experienced walker, one who prefers level walking or if aiming to walk with the family, there are routes to suit you all.

Key marketing points

- This fully updated guide is in colour for the first time.
- The author is a well respected outdoor writer, and a regular contributor to regional media.
- This guide complements several Cicerone guides to walks in the region, including The Lancashire Cycleway and Walks in Lancashire Witch Country.
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About the author

Mary Welsh is an award-winning writer of walking books and a travel writer, and has produced more than 35 walking guidebooks, and writes regular columns in magazines and newspapers and for the internet. She has lived in the north of England for nearly 30 years.

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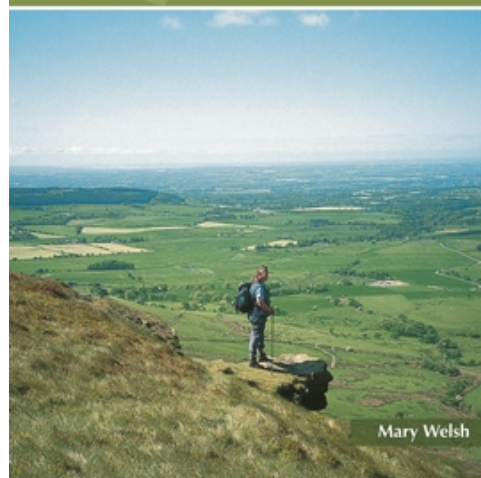
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