

THE END TO END TRAIL

A long-distance trail from Lands End to John O'Groats

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This guide to the 1935km (1200 mile) route from Land-s End to John O-Groats keeps as far from roads as possible. It has full trail description and maps, concentrating on the -gaps- between the long-distance trails covered in other Cicerone guides, (e.g. South West Coast Path and the Pennine and West Highland Ways). Guidance, notes on history and geography, preparation and safety suggestions, information about accommodation and services.

The route is broken into six sections and 61 daily stages averaging less than 32km (20 miles), the walk can be done in 2 months. An alternative 3 month schedule is also given.

Key marketing points

- The ultimate challenge walk
- Covers the entire route, linking with other
- Cicerone guides to long-distance trails in order to
- complete the route.

About the author

Andy Robinson has been walking the hills and mountains for more years than he cares to admit to. He has a habit of taking on unreasonably optimistic expeditions and usually gets away with it and his family is very supportive but he's not sure why.

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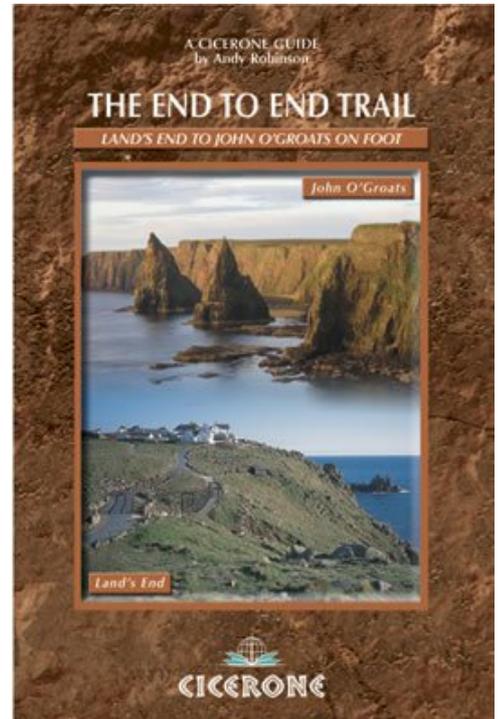
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