

# ÉCRINS NATIONAL PARK

70 walking routes in the Écrins national park

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Easily reached from Grenoble, the Massif des Écrins in the French Alps is one of the most spectacular in all the Alps. With bold mountains hung with glaciers, and more than 100 summits over 3000m high, the national park also holds a treasure trove of alpine flowers, while romantic old villages and hamlets huddle in the valleys. This is your backdrop to a wealth of memorable walks, each one of which exploits the awesome views.

For this second edition of The Écrins National Park, Kev Reynolds has chosen the best routes from a variety of different valley bases throughout the district. All the information you need for an active holiday of a lifetime will be found between these covers.

## Key marketing points

- 70 walking routes throughout the region
- Full exploration of the valleys of the Romanche, Guisane, Vallouise, Valgaudemar and Veneon, with clear mapping of each valley
- Easy access from Britain

## About the author

Kev Reynolds is a freelance writer, photojournalist and lecturer whose first title for Cicerone Press (Walks and Climbs in the Pyrenees) appeared in 1978. He has published many books on the Alps, a series of trekkers' guides to Nepal and, nearer to home, several guides on walking in southern England. A member of the Alpine Club, Austrian Alpine Club and the Outdoor Writers' and photographers' Guild, he is also first honorary member of the British Association of European Mountain Leaders.

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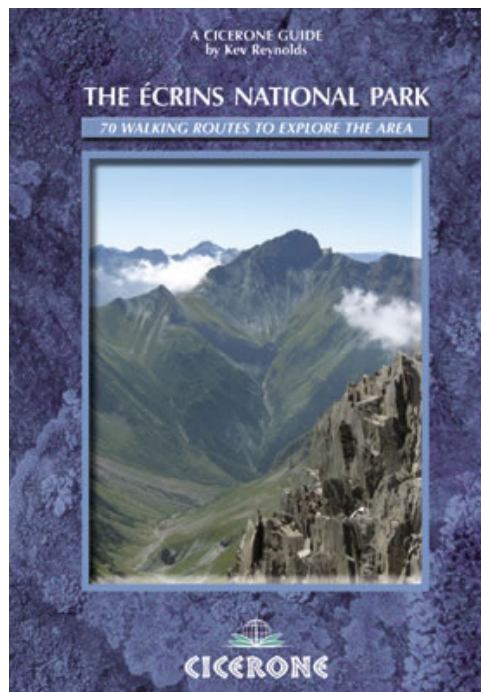
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