

THE BOOK OF THE BIVVY

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Author: **Ronald Turnbull**

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17.2cm x 11.6cm

Just where are the half a million bivvybags sold in Britain over recent years? Probably waiting for Ronald Turnbull to show the nervous virgin users the way forward.

Ronald's informed, humorous, instructive, wry look at the world of the bivouac is certainly the first, and perhaps the last, word on this unexplored territory.

The book is a half-and-half mix of how to do it and why to do it (or how not to do it and why not to do it). Accounts of bivvybag nights and expeditions, both nice and nasty, alternate with practical chapters about the technicalities of the breathable membrane, how little kit you really can get away with and the secrets of lightweight long distance. The book closes with a selection of bivvybag expeditions to initiate the unwary into the secrets.

The new edition includes updated information on manufacturers and suppliers, along with some new colour photos to inspire the reader to find a remote hill top, roll out their bag and watch the sunset.

One grateful reader writes "Thank you for writing the book of the bivvy. I bivvied out near Capel Curig, alone in my ex-British army bivvy bag...even though it was August Bank holiday I saw no-one between 6pm Friday and 10.30am on Saturday, and had no trouble finding accommodation. I hope to do this often - my only regret is not trying it sooner."

Key marketing points

- Previous edition has sold over 4000 copies
- Winner of the Outdoor Writers' Guild Award for Excellence - Best Outdoor Book 2001
- Ideal for the adventurous outdoor enthusiast

About the author

Ronald Turnbull was one of the first people to walk the Southern Upland Way. He is a runner as well as a walker, and in 1986 was awarded the Long Distance Trophy of the Fell Running Association for a non-stop journey over the 148 hills of Southern Scotland. Outside the Southern Uplands he walks, climbs and runs in the Highlands and sometimes in England.

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Ronald Turnbull

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