

WALKING ON LA GOMERA AND EL HIERRO

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17.2cm x 11.6cm

Featuring 27 walks on La Gomera and 18 on El Hierro, this new book is a comprehensive guide to the islands for those who crave more than sand underfoot.

- routes of all types, from easy strolls to long-distance trails
- includes the Garajonay National Park on La Gomera and the World Biosphere Reserve of El Hierro
- practical information including how to get there and when to go

The Canary Islands have long been known as sub-tropical sanctuary for sun-seeking holidaymakers. Less well known is that they also boast an array of varied landscapes including mountain treks, rugged cliff coasts and dense forests.

Although they are two of the smallest islands in the archipelago, La Gomera and El Hierro both feature a number of walks to suit a wide range of abilities. The former's rocky exterior surrounds a gentle higher terrain; the latter is home to striking volcanic slopes and pine forests.

Key marketing points

- The best of the Canary islands for winter walking
- Detailed mapping for routes on these steep islands
- 45 walks on La Gomera and El Hierro

About the author

Paddy Dillon is a prolific walker and writer, with over 40 books to his name, many published by Cicerone. He has contributed to many outdoor publications and appeared on radio and television. Living on the fringes of the English Lake District, Paddy has led guided walking holidays and walked throughout the UK and Europe, as well as in Nepal, Tibet, and the Rocky Mountains. He has also walked extensively throughout the Canaries.

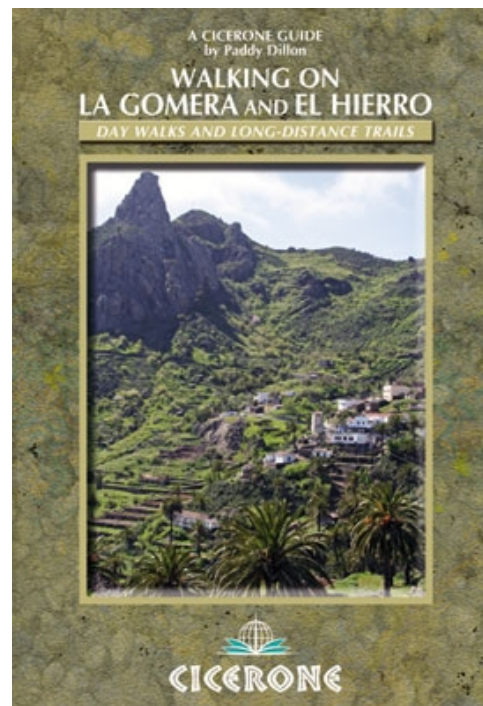
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