

WALKING ON LANZAROTE AND FUERTEVENTURA

Including sections of the GR131 long-distance trail

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Author: **Paddy Dillon**

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This book offers 21 walks on Lanzarote, two on Isla La Graciosa (off Lanzarote's northern coast) and 22 on Fuerteventura, including 14 walks on the GR 131 trail, which crosses both islands. These 45 traditional routes link several villages and span a range of arid agricultural and natural areas.

Both popular holiday destinations, Lanzarote and Fuerteventura are two remarkably different islands. Lanzarote has a fascinating volcanic national park at Timanfaya, and vineyards fill huge areas of black volcanic ash at La Geria; Fuerteventura is famous for extensive golden beaches, but its splendid mountain paths are less well-known. Both islands are crossed by new waymarked trails.

The guide offers routes suitable for a variety of abilities, and gives all the information walkers need including where to get food and drink, notes on points of interest along the way and on how to link shorter routes together to create longer journeys. Many routes are accessible using the good bus services on offer on both islands, and both islands are easily linked by frequent half-hour ferries and offer good ferry and air links to their neighbouring Canary islands.

Key marketing points

- Both islands are linked by frequent half-hour ferries and offer good ferry and air links to other Canary islands
- Both islands are crossed by new waymarked trails
- One of Paddy Dillon's five-volume series to the Canary Islands

About the author

Paddy Dillon is a prolific walker and guidebook writer, with over 60 books to his name and contributions to 25 other books. He has walked extensively around all the Canary Islands, covering day as well as long-distance walks. Paddy is a member of the Outdoor Writers and Photographers Guild.

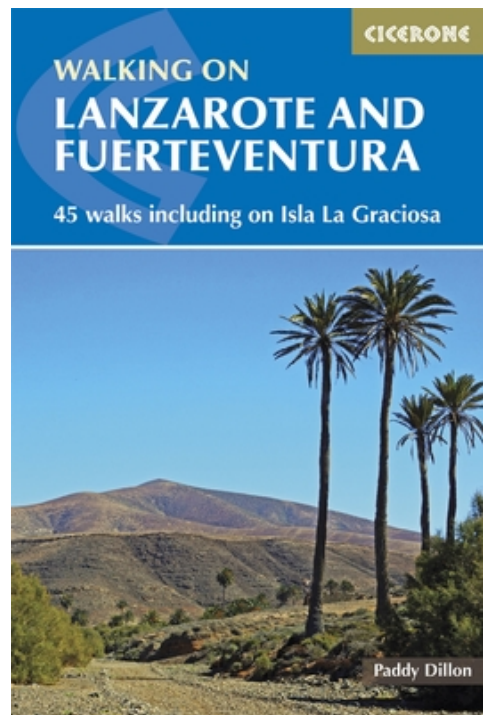
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