

WINTER CLIMBS BEN NEVIS AND GLEN COE

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Author: **Mike Pescod**

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With over 800 routes, and photo topos throughout, this seventh edition takes a Cicerone classic to new heights. These descriptions of the best winter climbing in Ben Nevis and Glen Coe include all the best routes and access points, giving climbers a wide choice of routes of all grades and types – buttress, gully or ridge.

This guide covers all that is best on Ben Nevis, as well as Carn Dearg, Aonachs Mor and Beag, and Bidean nam Bian and its related summits, Buchaille Etive Mor, Beinn Udlaidh and outlying peaks in Glen Coe and new to this edition are the crags on Stob Coire an Laoigh and Mullach nan Coirean. With colour photography throughout and information on interpreting the new avalanche forecasts, as well as a section on judging which crags will be in good condition, will make this guide essential for all winter climbers.

Scottish winter climbing has become much more accessible to the novice and more appealing to the committed winter activist over recent years. Standards have been pushed forwards, developments in equipment have made it more enjoyable and safer and the internet is now an invaluable source of information on snow and ice conditions. Access to Ben Nevis and Glen Coe has also been greatly improved.

Key marketing points

- Includes Stob Coire an Laoigh and Mullach nan Coirean
- The definitive winter climbing guide to the area
- Gives advice on interpreting avalanche forecasts and assessing the condition of crags

About the author

Mike Pescod, an IFMGA Mountain Guide with 15 years' experience of winter climbing, has taken on the mantle of revising this guidebook from Alan Kimber. This is his first book for Cicerone.

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