

THE WAY OF ST FRANCIS

Via di Francesco: From Florence to Assisi and Rome

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The Way of St Francis is a month-long trail through the green heart of Italy from Florence to Assisi and then to Rome. At 550km, this is a long trek by any standards and explores into the Apennines; the spine of mountains running through central Italy.

Winding through Tuscany and Umbria before entering Vatican City, the pilgrimage visits major sites, villages, churches and towns famous for their connection to Italy's patron saint. Through olive groves and vineyards, ancient ruins and hilltop towns, the Way of St Francis visits areas of Italy from the quietly beautiful to the grand.

The guidebook includes 28 stages, as well as a walking tour of Rome, alongside clear mapping. In addition, there is a wealth of background information on St Francis himself and his travels, as well as the many and varied places of interest along the way.

Key marketing points

- One of the most popular pilgrim routes within Italy
- Author is well versed in both trekking and the religious background to the trail
- Superb scenery and good accommodation advice

About the author

Sanford 'Sandy' Brown is an activist, long-distance walker and ordained minister from Seattle, Washington. After reading 'The Pilgrimage', by Paulo Coelho, he planned his first trek on the Camino de Santiago and since then has walked over 3500 kilometres on pilgrim trails in Spain and Italy. He records his pilgrim adventures in his popular blog, www.caminoist.org.

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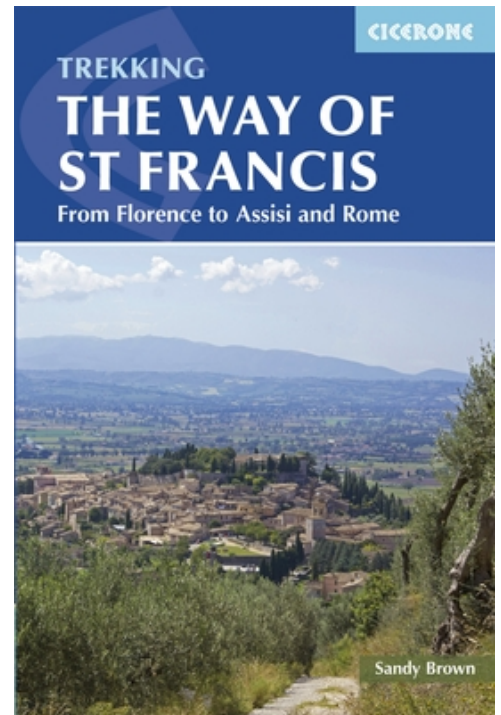
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