

HIKING AND BIKING PERU'S INCA TRAILS

40 trekking and mountain biking routes in the Sacred Valley

ISBN: **9781852846312** (Short Code: 631)

Publication Date: **July 2013**

Price: **£16.95**

Edition: **First**

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Paperback Gloss Laminated, 288 pages

17.2cm x 11.6cm

Peru's Sacred Valley, home to world famous Machu Picchu, is fast becoming a haven for mountain bikers, hikers and climbers. The dramatic changes in elevation throughout the mountains of the region mean that some of the best challenges worldwide for these activities are to be found here.

This guide describes half- and full-day routes, as well as multi-day trips, and includes seven different routes that allow access to Machu Picchu via largely unknown Inca roads and trails, thus allowing the spectacular scenery and archaeological richness of the Valley to be discovered. This guide contains many routes and maps that, until now, have never been published or described.

Key marketing points

- Numerous alternative routes to Machu Picchu, as well as options to visit and explore other sites and tracks
- Around half a million visitors to Machu Picchu every year
- With many routes and maps previously unpublished or described

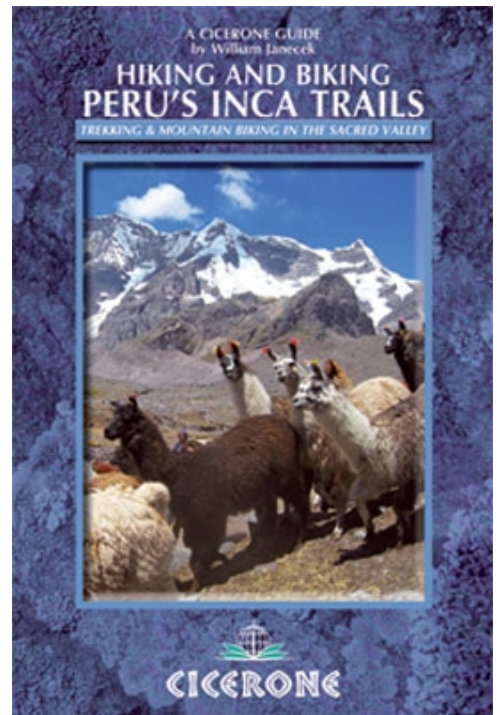
About the author

Will 'KB' Janecek was born in the US, in Minnesota, where his father Bill introduced him to the outdoors. Following his passion for high mountains, he trekked and mountain biked a great deal of the world's ranges before settling in Peru, where he runs a trekking and mountain biking adventure company.

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