

THE AYRSHIRE AND ARRAN COASTAL PATHS

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The coastal paths of Ayrshire and Arran cover more than 150 miles over a range of terrain, from broad sandy beaches to woodland, farm tracks and old coach roads. The area has a rich history with links to Robert the Bruce and Robert Burns, renowned architecture and a tranquil beauty.

Divided into 11 stages, the routes in this guide offer a great introduction to long distance walking, as well as a fresh perspective to Scotland's varied landscape for established enthusiasts. The route can be easily split into manageable one or two day sections.

Key marketing points

- The only guide available to describe both paths in a single linked route
- The author has an extensive knowledge of the area and superb photographic skills
- Detailed information on public transport and accommodation, as well as on the area's incredible history, architecture and wildlife

About the author

For many inhabitants of Glasgow, Ayrshire is the nearest and most natural stretch of coastline to visit. Keith Fergus, a Glasgow native, has enjoyed visiting the area for over 30 years. He has a love of walking and photography as well as a wealth of knowledge of Ayrshire; its rich history, diverse wildlife and scenic beauty.

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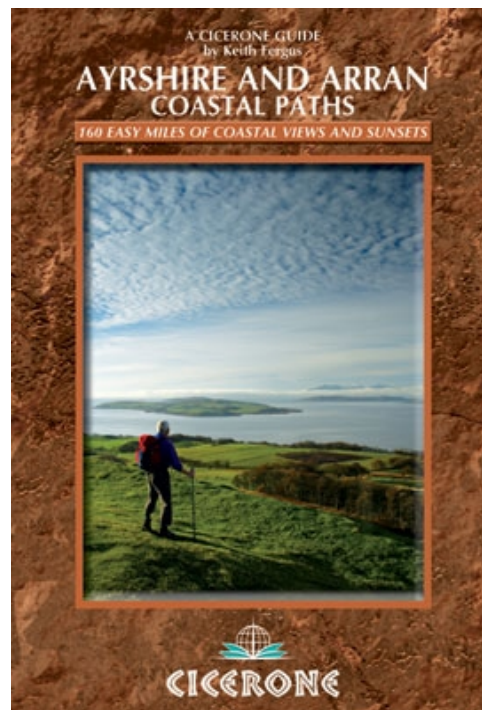
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