

CYCLING THE PENNINE BRIDLEWAY

Lancashire and the Yorkshire Dales, plus 11 day rides

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This guide describes 144km through Lancashire and the Yorkshire Dales on the new second section of the Pennine Bridleway, a national trail that will link Derbyshire to Northumberland when complete.

Stretching from Summit, Lancashire to the outskirts of Kirkby Stephen in Cumbria, these stages offer exceptional riding in one of Britain's most beautiful wild areas. 11 mountain biking loops branch off from the main route for extra time in the saddle.

Difficulty grades range from easy routes for families through to tough challenges for veteran riders. Classic trails have been rejuvenated thanks to new development and there are now brand new sections of untouched bridleway. Even seasoned riders will be surprised by the possibilities.

Key marketing points

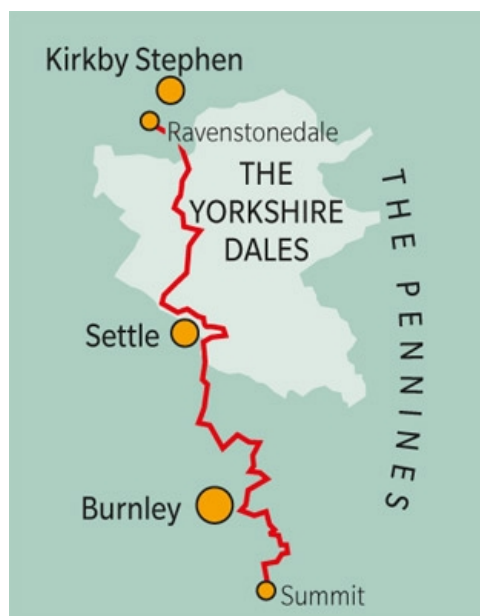
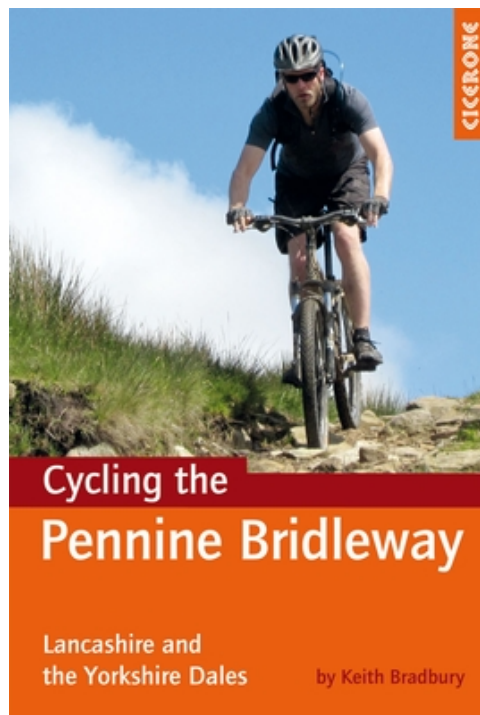
- Describes the 144km newly opened route, plus an additional 270km of MTB trail riding
- Classic trails have been rejuvenated and new sections of bridleway have been developed
- Rapid growth in popularity, with a 260% increase over the last 3 years; nearly half are from outside the local region

About the author

Keith Bradbury has many pursuits on his outdoors CV including canoeing, trekking, walking, climbing, caving, cycling and mountain biking. He has been exploring the bridleways of the Lake District and Yorkshire Dales national parks for twenty years and prides himself on his knowledge of them.

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