

THE HIGH ATLAS

Treks and climbs on Morocco's biggest and best mountains

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This guide is an inspirational first-hand (and foot) account of the challenges of Morocco's High Atlas mountain range. Detailing how treks and climbs can be completed, it is a mix of the renowned author's reminiscences and descriptions of how best to tackle these mountains to find their most rewarding treks and climbs.

Morocco's Atlas mountains form an extensive series of ranges across Africa's northwest and the High Atlas range contains the highest peaks of all, with endless tops of over 3000m and some of over 4000m. A few of the really big hills stand in serene isolation, so isolated that they can have their own distinct plantlife.

Travelling through the valleys is every bit as important as success on the mountains. Trekking through the range or reaching the summits are great achievements but the High Atlas experience is fundamentally enhanced by the people of the valleys and village life. Berber tribes have lived in the valleys for thousands of years and local people and culture provide just as many memorable experiences as reaching the surrounding summits.

Key marketing points

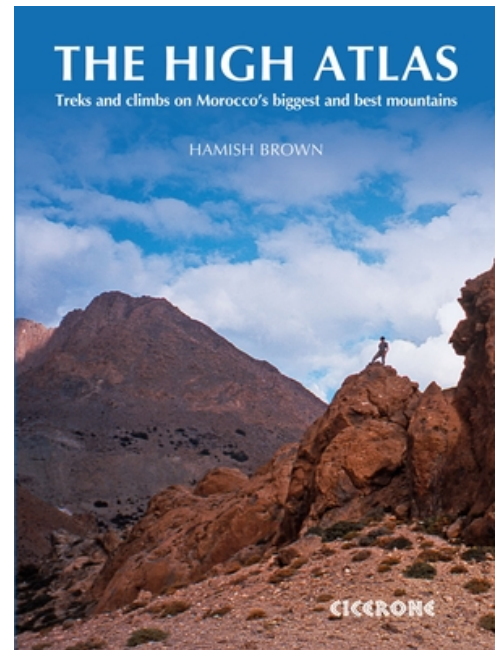
- Hamish Brown brings together a lifetime of experience in the Atlas Mountains in this book
- Not simply for mountaineers wishing to climb summits, but also for trekkers to experience the landscape and Berber culture
- Easy access from Europe into Marrakech

About the author

Hamish Brown is a writer, lecturer and photographer who has written or edited over 20 books, ranging from guidebooks to expedition narratives to poetry anthologies. He has spent several months every year in Morocco since 1965 and can count over 50 visits. Hamish has led hundreds of treks in the Atlas mountains and has climbed all the best summits many times, culminating in a 96-day end-to-end trek of the Atlas in 1995.

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