

CANYONING IN THE ALPS

Graded routes in Northern Italy and Ticino, Austria, Slovenia and the Valais Alps

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This book brings together all the most celebrated descents in the Alpine regions of northern Italy and Ticino in Switzerland, including classic limestone canyons and superb granite-gneiss gorges. The Alps rank high among the world's foremost destinations for canyoning.

Conveniently clustered into five areas, the 90 routes present a huge variety of terrain and styles of canyoning. Route difficulty is split into seven grades, from easier canyons suited to beginners with little specialist knowledge, through to the strongest aquatic and technical challenges, which demand experienced rope skills, physical fitness and a calm head for high water.

Comprehensive background information gives advice on equipment, hazards and techniques, as well as details of Alpine geology and the history of canyon exploration. The book also features additional nearby routes in Austria, Slovenia and in the Valais Alps, as well as the climbing, via ferrata and walking options in the surrounding hills and mountains.

Key marketing points

- The first guidebook of its kind written in English
- Comprehensive, definitive guide to the best canyoning in the Alps
- Covers Italian Alps and Ticino, with additional routes in Austria, Slovenia and Switzerland
- With technical skills and techniques guidance

About the author

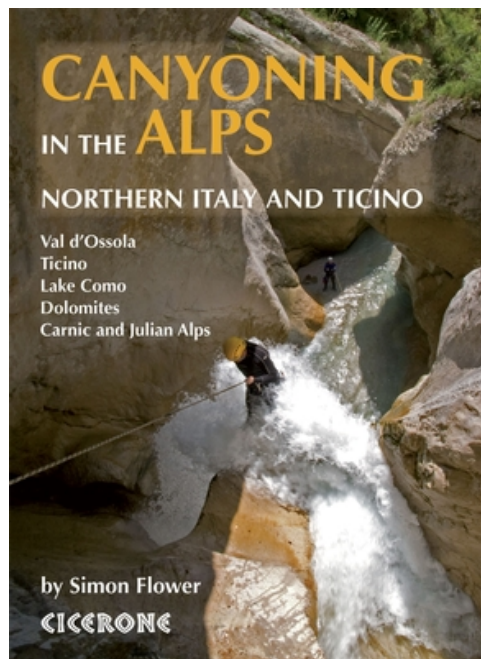
Simon Flower grew up in Sheffield, where he spent much of his free time mountain biking and climbing in the Peak District. In 1998 he took up caving at university, before discovering canyoning a year later. Since then he has been canyoning enthusiastically (almost obsessively) all over Europe and beyond, and has claimed a handful of first descents along the way.

Related books

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