

WALKING IN THE ARDENNES

Belgium, Luxembourg and the Ardennes

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This guide explores the woodlands, hills and rivers of the Ardennes in 32 day walks between 2 and 24km and one 68km multi-stage route, the Sentier du Nord. The Ardennes rise in forested slopes and deep valleys in southern Belgium, overlapping into France and Luxembourg. The walks are of a variety of lengths, and are suitable for most abilities, while some can be combined into longer routes.

This is a land of villages nestled among beeches and oaks, of medieval castles, fortified farmhouses and WW2 battlefields. The guide's walking passes next to wide, meandering rivers, along dappled wooded tracks and over hilltops.

Practical advice is included, along with plenty of information on the history and culture of the area, and details on points of interest – from castles to patisseries.

Key marketing points

- Accessible northern European walking destination
- Plenty of interest - historic sites spanning from medieval to modern, delightful hilly wooded country, excellent accommodation and food

About the author

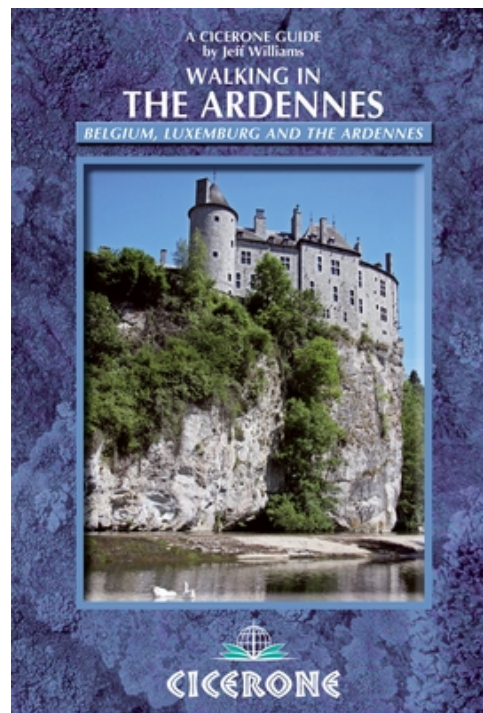
After a short commission in the Army, Jeff Williams trained in paediatric medicine and worked as a consultant paediatrician in North Wales for 30 years. During that time he wrote walking and climbing guides for the Stubai, Silvretta and Ötztal Alps, as well as the Cicerone guide Walking in the Drakensberg. Jeff also trained as a safari guide in South Africa and currently teaches new guides and lectures in Wales on guiding and walking.

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