

WALKING IN THE ANGUS GLENS

30 routes to explore the region

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Author: **James Carron**

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This guide offers 30 walks in five beautiful glens located south of the Cairngorms National Park in north-east Scotland. The detailed routes climb Munros including Mount Keen and give lesser-known ascents such as Badandun Hill. From the forested Glen Doll to the rugged bowl of Loch Wharral and the remote reaches of Glen Lethnot, the Angus Glens offer a wide range of walking.

Accessible from Dundee and the nearby Angus towns of Brechin and Forfar, the combination of Glens Isla, Prosen, Clova, Lethnot and Esk make a rich, remote landscape. This is a chance to explore glacier-carved valleys and deep corries, high mountain peaks and rolling hills, and swathes of forest, lochs, reservoirs and cascading upland streams.

The guide is an ideal companion to any visitor to the Angus Glens. It equips the walker not only with detailed route descriptions, maps and photography, but with practical information on transport and access. The guide also includes advice on hillcraft and an insight into the area's wildlife, geology and history.

Key marketing points

- Easily accessible from Dundee, Perth and the central lowlands
- The area offers a wide range of walking, from high and remote mountains to valley and forest walks

About the author

Based in Dundee, James Carron holds an enduring love for the Angus Glens. He also makes regular forays overseas and adores hiking in Eastern Europe. A freelance writer specialising in outdoor pursuits, he has written several walking guidebooks and is a regular contributor to outdoor magazines.

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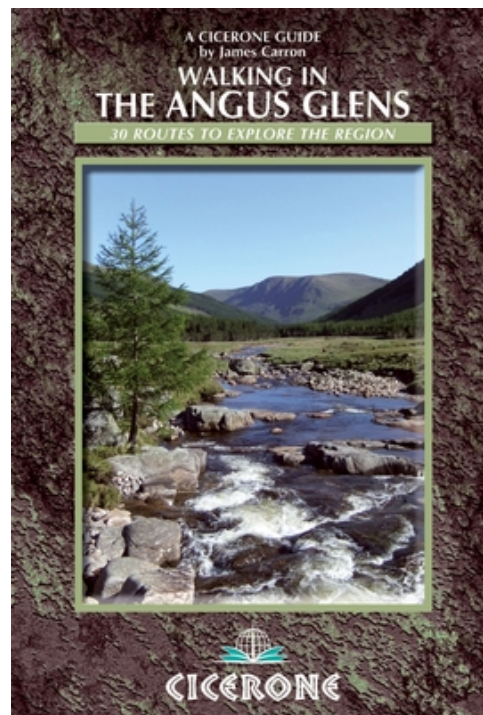
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