

# THE MOUNTAINS OF MONTENEGRO

A Walker's and Trekker's Guide

ISBN: **9781852847319** (Short Code: 731)

Publication Date: **March 2019**

Price: **£16.95**

Edition: **Second** (replaces 9781852845063)

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Paperback Gloss Laminated, 256 pages

17.2cm x 11.6cm

This guidebook includes a range of 17 day-walks and multi-day treks throughout the Dinaric Alps of Montenegro. These mountains are some of the wildest, most spectacular, and least visited in Europe. Nevertheless they are easily accessible, and many areas have well-marked trails. They present an opportunity to travel through outstandingly beautiful and remarkably unspoilt natural scenery, which sees few visitors.

The guide includes a wide range of practical information on language, travel and accommodation, as well as what to expect in the various mountains and National Parks the routes explore. This is the first comprehensive English-language guide to walking in this beautiful area, written by an author who has visited the country over a number of years and has lived in neighbouring Croatia.

## Key marketing points

- Fast-developing mountain walking area bordering the Adriatic sea
- Includes day walks and multi-day treks in an accessible mountain region
- Great walking potential - much-requested guide

## About the author

Rudolf Abraham grew up in England and New Zealand, and has travelled extensively in Turkey, the Caucasus, Iran and Central Asia. He lived in Croatia from 1999 to 2001, and has made numerous trips into the mountains of Croatia, Montenegro and Slovenia. He is the author of Cicerone's Walking in Croatia, and has also written a book on Islamic art and architecture, and contributed introductions to books on Central Asia, Armenia and Afghanistan.

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