

LAKE DISTRICT: LOW LEVEL AND LAKE WALKS

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Author: **Vivienne Crow**

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In 30 easy-to-follow routes covering the very best walking in the valleys and on the low fells of the English Lake District, this guide shows that walkers don't have to climb the highest heights to appreciate the beauty of the UK's most popular national park.

The walks lead to some of the Lakes' well-known beauty spots as well as to hidden gems, including tranquil lakeshores, spectacular waterfalls, enigmatic stone circles and ancient woodlands. They cover a wide range of terrain, from man-made trails to open fell.

Key marketing points

- Routes cover the very best walking in the valleys and low fells
- Walks include Tarn Hows, lakeside walks, waterfalls, Roman forts and stone circles and classic lower fell walks
- Graded in length (7-17km) and difficulty, but not technical
- A Cicerone guide for those seeking the best routes in one book
- A second book covering the best 30 high-fell routes will be published in 2015

About the author

Londoner by birth, but Cumbrian by choice, Vivienne Crow is an award-winning writer and photographer. Based near the Lake District, she has written more than a dozen guides to the national park and writes popular walking columns that appear in several north Cumbrian newspapers.

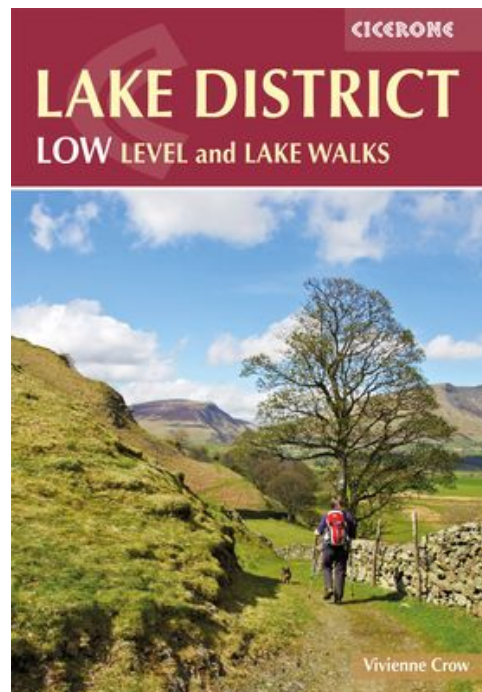
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