

LAKE DISTRICT: HIGH LEVEL AND FELL WALKS

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From classic horseshoes, such as the Newlands Round and the Fairfield Horseshoe, and traditional ascents of England's most iconic mountains, including its highest peaks Scafell Pike, Scafell, Helvellyn and Skiddaw, to well-trodden routes onto some of the quieter summits including Gray Crag and Beda Fell, the 30 routes in this guide comprise all the best high-level fell walks to be had in England's beautiful and much-loved Lake District National Park.

Also featuring quieter routes onto popular fells including Blencathra and Red Screes, the walks range from 7–23km and are graded for difficulty. Covering both rocky terrain and grassy hills, with occasional boggy ground, most of them are relatively easy-to-follow in clear conditions, but may require good navigational skills in mist.

Key marketing points

- The best of Lakeland's high fells in one guidebook
- Complemented by 'The Lake District: Low level and lake walks' by the same local award-winning author
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About the author

Londoner by birth, but Cumbrian by choice, Vivienne Crow is an award-winning writer and photographer. Based near the Lake District, she has written more than a dozen guides to the national park and writes popular walking columns that appear in several north Cumbrian newspapers.

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