

WALKING IN THE SOUTHERN UPLANDS

44 best hill days in southern Scotland

ISBN: **9781852847401** (Short Code: 740)

Publication Date: **January 2015**

Price: **£14.95**

Edition: **First**

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Paperback Gloss Laminated, 272 pages

17.2cm x 11.6cm

This guide offers 44 routes stretching right across the Southern Uplands of Scotland, from Merrick and the Galloway Hills in the west to Arthur's Seat and the River Tweed in the east.

The Scottish Southern Uplands is a range that is about as big as the English Pennines. It is wild hill country, with over 80 hills of 2000ft or more, and it boasts a real remoteness that is difficult to find elsewhere. All hillwalkers should experience these wonderfully characterful landscapes: green and gentle, but with hidden surprises.

The routes are suitable from spring to autumn, and on winter days with good weather and snow conditions. Each route provides information on distance, ascent, time, maximum altitude and terrain, as well as details of any variants or shortcuts. With notes on points of interest along the way as well as on transport and accommodation, the guide gives all the information walkers need.

Key marketing points

- Remote hill country ideal for the adventurous hillwalker
- The most worthwhile hill days, accessible between Edinburgh/Glasgow and the English border
- Walks up over 100 summits, including Merrick (843m) and Cheviot (815m)

About the author

Award-winning author Ronald Turnbull has written many guides on walking in Scotland. He is also a runner, and in 1995 was awarded the Long-Distance Trophy of the Fell Running Association for a non-stop journey over all the 2000ft hills of southern Scotland.

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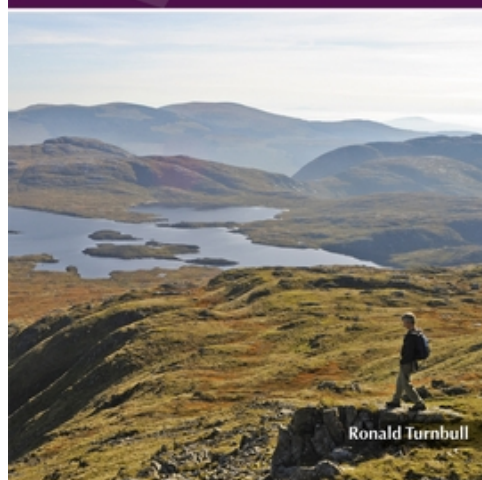
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