

THE WALES COAST PATH

Llwybr Arfordir Cymru

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This practical, pocket-sized guidebook is to the 870-mile Wales Coast Path. Describing the route in 57 daily stages from Chester to Chepstow, which can be adapted by walkers to suit their own abilities and preferred pace.

The coast path covers the entire Welsh coastline, linking historic castles, passing holiday resorts and traversing wild cliffs, and includes sections through two national parks, numerous AONBs and several areas of Heritage Coast.

There are notes of where accommodation and food and drink can be found, as well as details of public transport, local museums and visitor centres. The walking is mostly easy, but can be occasionally rugged and feature the odd short, steep ascent and descent as well as some remote stretches.

Key marketing points

- Well publicised, increasingly popular waymarked route
- Easily split to suit all abilities and needs
- Passes through two national parks, numerous AONBs and Heritage coastline, offering a huge variety of scenery and cultural interest
- Castles, sea cliffs and beaches, resorts, industry, countryside

About the author

Paddy Dillon is a prolific walker and guidebook writer, with over 60 books to his name and contributions to 25 other books. He has walked in every county in the British Isles, and extensively across Europe. Paddy is a member of the Outdoor Writers and Photographers Guild.

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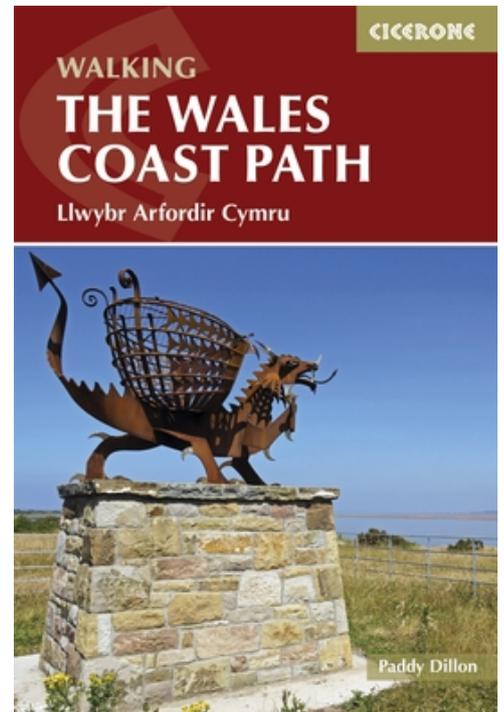
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