

THE TOUR OF THE BERNINA

9 day tour in Switzerland and Italy and Tour of Italy's Valmalenco

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This guidebook explores two treks in the Bernina region of the Swiss-Italian Alps. The Tour of the Bernina is an 12-stage trek circling the Piz Bernina massif, 122km long and suitable for beginner trekkers. The Alta Via Valmalenco in Italy is a shorter, 8-stage trek over 95km, but is a more challenging route suitable for trekkers with more experience.

Whether skirting above St. Moritz and below snow-capped giants on the Tour of the Bernina, or climbing over wild, high passes and through isolated mountains in the Italian Valmalenco by Monte Disgrazia, the treks offer incredible experiences. Both feature spectacular peaks towering over snow fields and perfect alpine pastures, with accommodation in comfortable alpine guesthouses and high altitude huts.

This guide provides detailed route descriptions in combination with plenty of background and practical information.

Key marketing points

- Superb high mountain circuit on the Swiss-Italian border
- Close to St Moritz, yet a world away from tourists
- Easily accessible from Milan, Verona and Zurich

About the author

Gillian Price was born in England but has lived in Venice for many years. Gillian has steadily explored the mountain ranges of Italy, and now Corsica, and brought them to life for visitors in a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club (CAI) and Mountain Wilderness.

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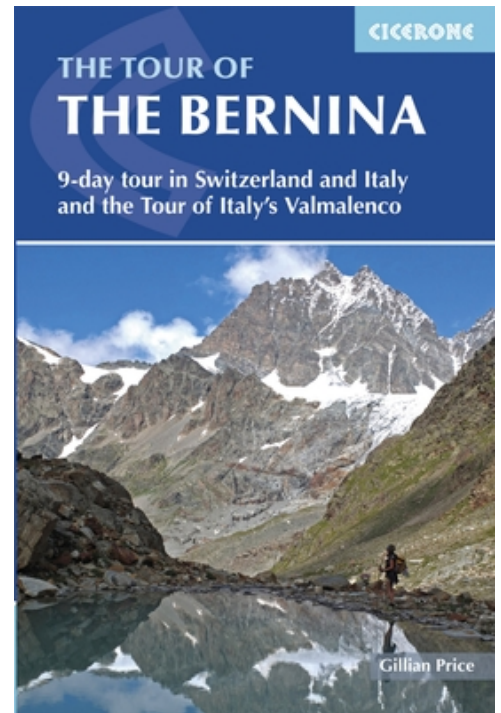
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