

# THE BOOK OF THE BOTHY

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Author: **Phoebe Smith**

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Hidden away in the hills and mountains of England, Scotland and Wales - for years known only to a lucky few - is a network of huts, cottages and shelters known as bothies. Completely free to use for wanderers in the hills, these secretive refuges can be life-savers, quick stops and destinations in themselves. The network of British bothies is cared for by the Mountain Bothies Association, day to day upkeep by the walkers, climbers and mountain lovers who rest there.

This book introduces a selection of 26 of the author's favourite bothies, dotted through the country, and her stories of bothy-living. Also packed with expert advice on how to use these free 'stone tents', bothy etiquette, the best routes to the shelters as well as nearby hills and mountains to climb.

## Key marketing points

- The Mountain Bothies Association (MBA) celebrates 50 years in 2015, with associated publicity
- A delightful read - fun, inspiring and with great suggestions
- Areas include Snowdonia, Brecon Beacons, Lake District, Pennines, the Highlands and Islands of Scotland

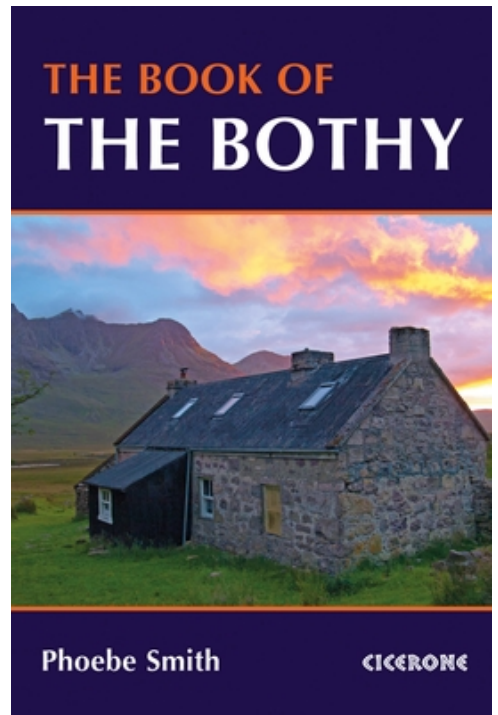
## About the author

Growing up on the edge of Snowdonia National Park, in North Wales, Phoebe Smith was bitten by the outdoor bug early. Her love of dramatic landscapes has since led to walking and backpacking adventures all over the world. Of all the places she has been, however, it is the UK (in particular the coastal areas) that holds a special place in her heart. Phoebe is currently editor of Wanderlust magazine. She has also written for many other outdoor magazines including Trail and Country Walking. When not planning her next escapade she is most likely to be found in the mountains, powered by nothing more than her own feet.

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