

THE PEAKS OF THE BALKANS TRAIL

Montenegro, Albania and Kosovo

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This guide describes the Peaks of the Balkans Trail, a 192km circular route through the wild and rugged borderlands of Montenegro, Albania and Kosovo. The route can be hiked in around two weeks and the guide also includes suggestions for excursions to bag neighbouring peaks and visit local sites of interest. While a moderate level of fitness is assumed, the walking itself is not difficult and makes use of existing paths and tracks.

Developed to promote sustainable local tourism and transcend political borders, the Trail winds its way through the spectacular scenery of the Prokletije mountains, taking in high passes and remote valleys. Despite increasing visitor numbers, the area remains underdeveloped and unspoilt.

The guide contains all the information needed to plan a successful trip, with comprehensive advice on travel, permits and safety, details of local facilities, services and accommodation, and a useful glossary of words and phrases in Montenegrin and Albanian.

Key marketing points

- the first English-language guide to the Peaks of the Balkans Trail

About the author

Rudolf Abraham was born in London. Since graduating in 1995, he has traveled extensively in eastern Turkey, the south Caucasus, Iran and the Central Asian republics. He lived in Croatia from 1999 to 2001, working as an English teacher in Zagreb, and has made numerous trips into the mountains of Croatia and Slovenia. Previous titles for Cicerone include *Walking in Croatia*, *The Islands of Croatia* and *The Mountains of Montenegro*.

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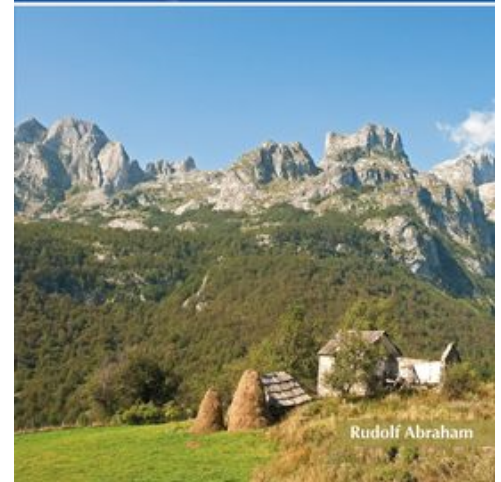
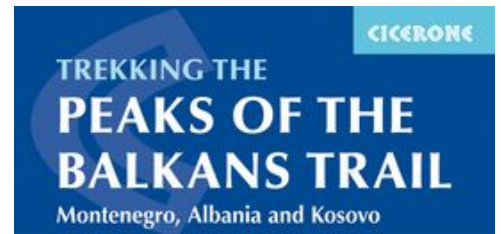
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