

TREKKING MUNICH TO VENICE

The Traumpfad, 'Dream Way', a classic trek across the eastern Alps

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This guidebook describes the Traumpfad or the 'Dream Way' - a 570km route across the Alps, from Munich to Venice. The trek is divided into 5 sections, with each section broken down into day stages of between 4hrs and 9hrs. The route, which takes one month to complete and involves 27,000 metres of climb, is designed for any abled bodied walker. However, a head for heights is a must!

Better known as 'Europe's playground', the Alps cover some 80,000 square miles, stretching from France in the west to Albania in the southeast. The mountain range offers some of the world's best walking infrastructure.

Route descriptions are accompanied by comprehensive mapping, clear route descriptions and information points of interest along the way. The guidebook also features a route planner with information on accommodation and facilities, a list of useful contacts, as well as information on equipment, planning your walk and history of the region.

About the author

John Hayes is a retired management consultant with degrees from Liverpool University and University College London. Immediately after finishing work in 2011 he embarked on an epic 5000km trek across Europe, walking from Tarifa in Spain to Budapest. John has written for numerous walking and trekking magazines. Having walked various parts of the Munich to Venice route on different visits to the Alps John, with his wife Christine, embarked on his first through walk in 2014 returning again in 2015 to complete additional research.

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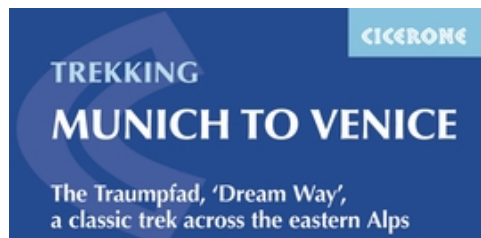
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