

THE THAMES PATH

National Trail from London to the river's source in Gloucestershire

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Guidebook to walking the Thames Path, a 180 mile national trail from the Thames Barrier in London to the source of the Thames in rural Gloucestershire. The route is described in 20 sections, of between 4 and 16 miles (6.5–32km) in length: typically takes two weeks to walk, but could take three, as there's so much to see along the way.

Opened in 1996, the Thames Path takes in Greenwich, the City of London, the Houses of Parliament, Hampton Court, Windsor and rural countryside on its way to the river's source by the Roman Fosse Way near Cirencester.

This guidebook features complete OS 1:50,000 scale mapping of the route and comprehensive information concerning accommodation, facilities and transport links along the route. A separate pocket-sized map booklet is included showing the full route on 1:25,000 scale OS maps, providing all the mapping needed to complete the trail in a compact and convenient form.

Key marketing points

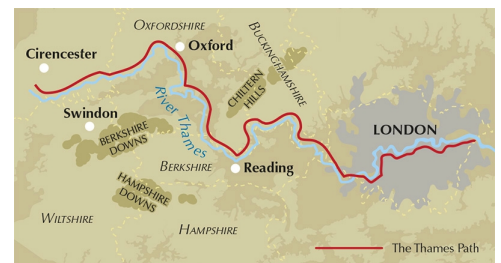
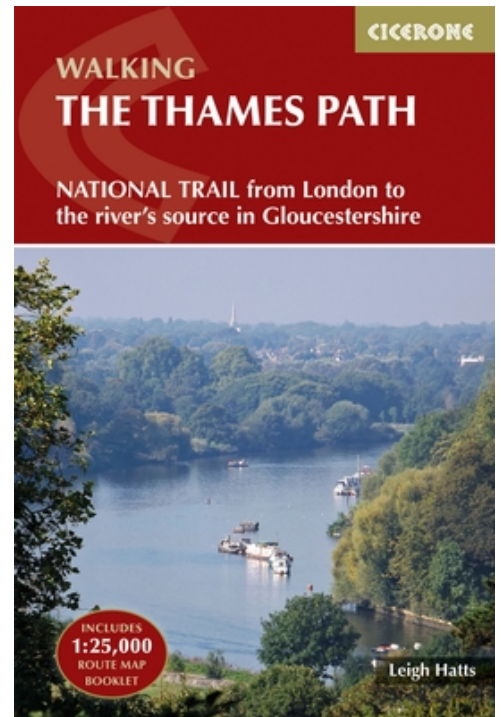
- The only guide describing the route from the sea to the source of the Thames
- Highlights all the riverside attractions through London and the Southern counties
- OS 1:25,000 map booklet included with the guidebook saves having to carry several maps

About the author

Leigh Hatts has been walking the Thames towpath and exploring the river and Docklands since 1981, when he worked on the feasibility study that resulted in the decision to establish the route as a National Trail. He worked as a reporter with the walker's magazine TGO and as arts correspondent of the Catholic Herald. He is co-founder of Bankside Press.

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