

# SCRAMBLES IN THE LAKE DISTRICT - SOUTH

ISBN: **9781852848316** (Short Code: 831)

Publication Date: **March 2016**

Price: **£14.95**

Edition: **Second** (replaces 9781852844431)

Author: **Brian Evans**

pvc Encapsulated, 272 pages

17.2cm x 11.5cm

This guidebook presents 126 gill and crag scrambling routes in the south of the English Lake District, with sections covering Langdale, Easedale, Coniston, Duddon Valley, Howgills, Eskdale, Longsleddale and Kentmere. Each route is graded from Grade 1 straightforward scrambling, through Grades 2 to 4, where the use of a rope is recommended. In addition, a star system (1 to 3 stars) highlights the best routes.

Scrambling (rougher walking routes where you'll need to use your hands) is a way of enjoying the wilder Lakeland and can take you away from the crowds even in the most popular parts of the Lake District. The guidebook includes less well-known scrambles alongside classic routes such as Ill Crag, Eskdale; Jack's Rake on Pavey Ark; Thor's Butress, Eskdale; Esk Gorge; and Raven Crag, Yewdale.

Each section includes a map showing the location of the scrambles, and routes are accompanied by information on the best approach, along with a sketch diagram of the crag and the route line. The book includes invaluable advice on equipment, safety, rope techniques and scrambling techniques, as well as notes on access and conservation.

## Key marketing points

- Long-standing authoritative guide
- Popular scrambling and climbing area

## About the author

Brian Evans, one of the UK's leading climbers in the 1960s and 70s, has brought his wealth of mountain experience to this guide. He and his wife are well-known figures in the outdoor community and have provided walkers with a number of exceptional guides to exploring the countryside, particularly the English Lakes, on foot. Brian is a member of the Outdoor Writers' Guild. Brian was a founder of Cicerone Press and is the authority on scrambling in the Lake District.

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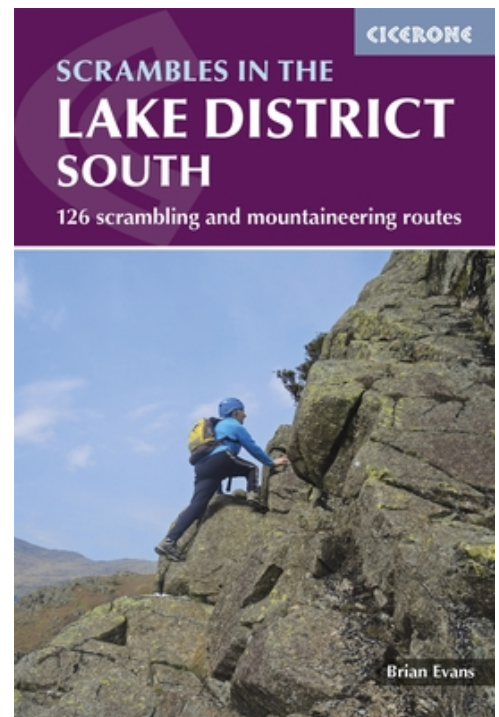
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