

WALKING IN THE COTSWOLDS

30 circular walks in the AONB

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This guidebook describes 30 classic hill and valley routes representing the best walks in the Cotswolds, including parts of the Cotswold Way National Trail. All the walks are circular: they range in length from 4½ to 12 miles (7.5–19km) and take from three to six hours. The routes are graded from easy to strenuous.

The Cotswolds run from Warwickshire and Worcestershire, through Gloucestershire to Somerset and Wiltshire. Covering 466km² (790 square miles), the Cotswolds Area of Outstanding Natural Beauty is the second largest protected landscape in England and the largest Area of Outstanding Natural Beauty in England and Wales.

The seasoned walker may see the Cotswolds as a soft touch, yet these stout, gutsy, timeless hills and valleys provide ample remoteness, authentic wildness and real drama. There are steep gradients, 200-metre-plus climbs and unpredictable weather on exposed plateaux.

Key marketing points

- Circular walks throughout the Cotswolds Area of Outstanding Natural Beauty
- Varying route lengths and difficulties to suit most abilities
- Many routes incorporate a section of the Cotswold Way National Trail

About the author

Damian Hall is a freelance outdoor journalist who grew up in Nailsworth and still lives in the Cotswolds. He has completed many of the world's famous and not-so-famous long-distance walks, including Everest Base Camp trek for his honeymoon and Australia's Six Foot Track. He contributes regularly to outdoor and fitness publications, including Country Walking and Outdoor Fitness, and writes walking guidebooks, including the official Pennine Way guide, a guide to the Somerset Coast Path and Cicerone's Walking in the Cotswolds.

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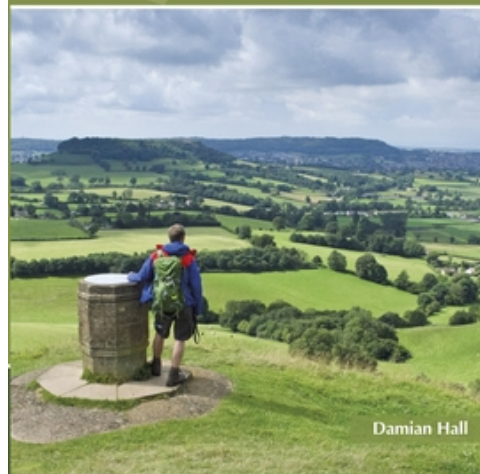
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