

WALKING IN THE DORDOGNE

35 walking routes in the Dordogne - Sarlat, Bergerac, Lalinde and Souillac

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Guidebook to 35 day walks in France's delightful Dordogne region, based around Bergerac, Lalonde, Sarlat and Souillac. All walks are within the capacity of the average walker and are on well-marked paths or quiet roads. The routes range from 6 to 19km and are graded either easy or medium. Walks are centred around a visit to a picturesque medieval town, château, church, abbey or other point of interest.

A land of immense beauty, the Dordogne boasts a landscape coloured by vineyards, chalky limestone, fertile countryside and evergreen oak forests. With its mild climate and rich history, the region offers many delights. Medieval towns, caves adorned with prehistoric wall paintings, castles, Celtic hill forts and Romanesque churches all add to the allure of the region, while its gastronomical delights will appeal to food lovers.

Step-by-step route descriptions and clear mapping are given for each walk, with lots of information about the interesting places visited along the way. The guide also includes a useful information on the region's market days and festivals, and a short glossary.

Key marketing points

- Direct flights to Bergerac make the area easily accessible from the UK.
- The only detailed English-language guide available for this region.

About the author

Janette Norton lived in France, near Geneva, for over 30 years with her physicist husband, Alan, raising four children and working in marketing. Her love of mountain walking dated from the time she was a guide in her twenties, and the proximity of the Alps and Jura to her home inspired her to continue her passion. After her children grew up, she branched out to explore other areas of France. Sadly Janette died from cancer in January 2013, and her books are now revised by Alan Norton and Pamela Harris.

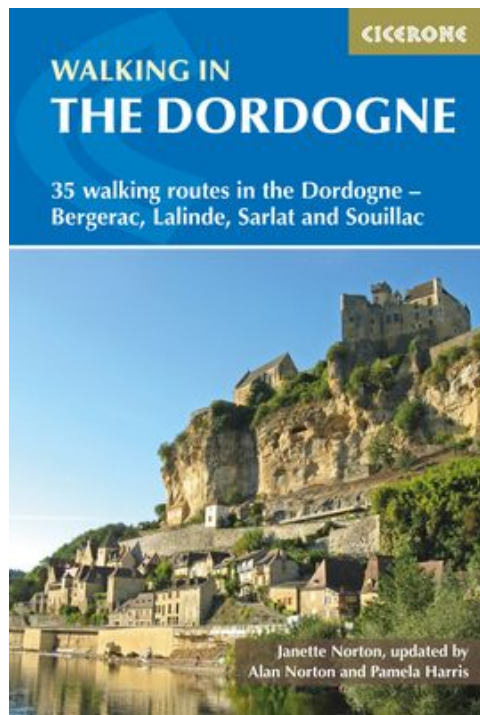
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