

WALKING IN THE DOLOMITES

25 multi-day routes in Italy's Dolomites

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Guidebook to 25 multi-day walks in Italy's Dolomite mountains. The graded routes range from 11.3km and 40.8km and take between two and four days to complete. The majority of the routes are circular, though a handful of extended traverses are also included. Best walked between June and October, the selected routes are suitable for walkers with a reasonable level of fitness who are confident on typical rocky alpine terrain to those experienced on steep and exposed mountainous terrain.

Offering an extraordinary array of landscapes, from soaring peaks and sheer walls to alpine meadows and deciduous forests, these specially selected routes take in the very best of northeastern Italy. Walkers will discover not only the natural beauty of the region but the cultural delights – from the famous Italian cuisine to the true rifugio (mountain hut) experience.

Walks are divided into regions, with one to three selected walks in each region. Clear route descriptions are accompanied by 1:50,000 mapping, together with information on facilities en route, ascent, descent and accessibility to and from the start. Also included are invaluable practical tips for the walking traveller: dos and don'ts in the Dolomites; waymarking and maps; what to take; and using local transport. A handy glossary is also included.

About the author

Gillian Price was born in England but has lived in Venice for many years. Gillian has steadily explored the mountain ranges of Italy, and Corsica, and brought them to life for visitors in a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club (CAI) and Mountain Wilderness.

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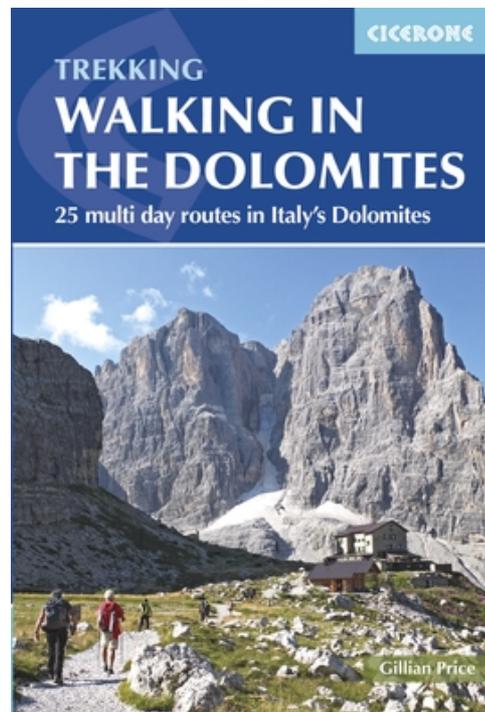
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