



THE LANCASHIRE CYCLEWAY

The tour and 17 day rides

ISBN: **9781852848491** (Short Code: 849)

Publication Date: **February 2017**

Price: **£12.95**

Edition: **Second** (replaces 9781852843847)

Author: **Jon Sparks**

Paperback Gloss Laminated, 192 pages

17.2cm x 11.6cm

This guidebook presents the Lancashire Cycleway. Its two distinct loops, each around 130 miles (225km) in length, meet at Whalley in the Ribble Valley and form part of the waymarked National Cycle Network. Seasoned cycle-tourists can comfortably tackle either loop in a weekend, or do the whole thing inside a week: however, access by rail at numerous points means that less experienced cyclists can enjoy the route in shorter sections.

This is the first comprehensive guide to the Lancashire Cycleway, presenting the route in 11 stages of between 16½ miles (26.5km) and 31 miles (49.7km). It also includes two short links which connect the route to the major regional access towns of Lancaster and Wigan, plus 17 varied day rides for those wishing to explore the area further. Alongside step-by-step route description and mapping, there are notes on where to eat and stay, masses of information about places of interest along the way and helpful advice for those new to cycling or cycle-touring.

The Lancashire Cycleway is mostly on minor roads and country lanes and showcases the best of the county's diverse opportunities for on-road cycling, from easy riding on the flat expanses of the west of the county and the gentle undulations of Arnsdale-Silverdale or the Ribble Valley to more stirring challenges in the West Pennine Moors and the Bowland Fells. But even the wildest stretches are never far from a pub or overnight stop.

About the author

Jon Sparks is a photographer and writer based in Garstang. He has been a lover of cycling, especially cycling in Lancashire, for many years. His background includes riding road races and hill climbs very badly, and time trials not quite so badly. More recently he's become a dedicated mountain biker and has also ridden a number of road sportives.

Jon is also a walker and (now very occasional) rock climber and mountaineer. He is a member of the Outdoor Writers and Photographers Guild.

Related books

9781852846497 - The C2C Cycle Route

9781852846558 - Cycling the Pennine Bridleway

9781852846879 - Cycling in the Yorkshire Dales

9781852847784 - Cycling in the Lake District

9781852848781 - Cycling in the Peak District

9781852849108 - Cycling the Reivers Route

9781852849122 - Cycling the Way of the Roses

9781852849870 - Cycling Lon Las Cymru

9781786310255 - Cycling Land's End to John o' Groats

9781786310422 - Hadrian's Cycleway

We can help you

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer
sarah@cicerone.co.uk

