

THE SNOWDONIA WAY

A walking route through Snowdonia from Machynlleth to Conwy

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This guide presents the Snowdonia Way, a 97 mile route through the stunning mountain scenery of Snowdonia in North Wales. Described in 6 days of between 13 and 21 miles from Machynlleth to Conwy, it is the only long-distance low-level route through Snowdonia. It takes the walker right into the heart of the mountains and includes key sights such as the Pass of Aberglaslyn, the Ogwen Valley and Aber Falls.

The guidebook also describes an alternative high-level mountain route which gives a spectacular journey over the most famous peaks such as Snowdon, Cadair Idris, Cnicht and the Glyders. The mountain route is divided into 9 stages of 12–18 miles and intersects in several places with the low-level route.

The main route is mostly easy to navigate and stays at a low level, although the walking days are long, so walkers should be used to full days out. The mountain route requires good navigation and includes a considerable amount of ascent, sometimes with no path.

For each stage there is a full route description accompanied by OS map and route profile, and there is lots of information about points of interest passed along the way. Also includes lists of accommodation and transport providers and a table of facilities to help with itinerary planning, alongside notes about the area's geology, landscape and history.

About the author

Alex Kendall is a mountain leader, working in summer and winter throughout the UK and abroad, leading groups on day walks, challenges and long distance journeys. He enjoys getting people into the outdoors, especially through supervising Duke of Edinburgh's Award expeditions and running weekend walking trips for adults. He has been walking in Snowdonia for over 10 years having been introduced to these mountains as a student.

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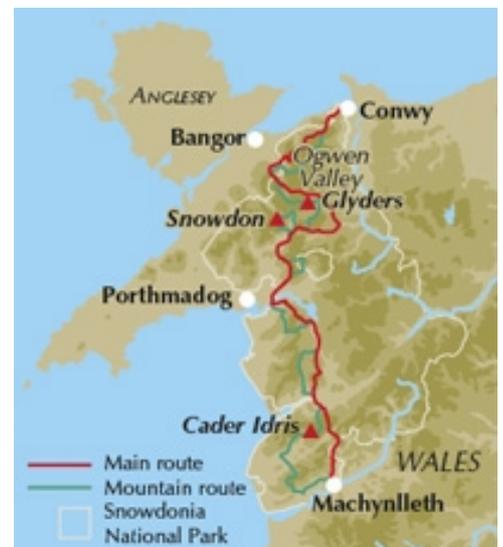
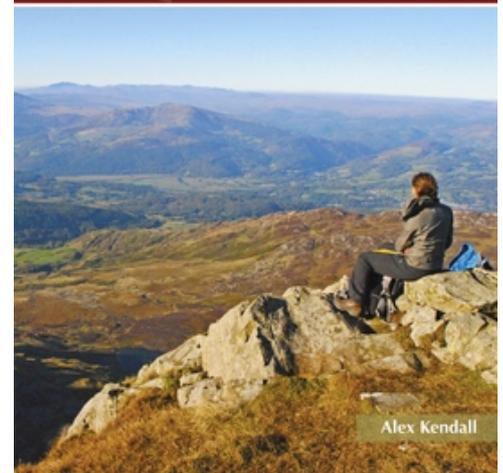
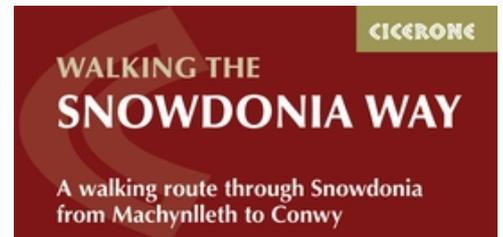
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