

THE WEST HIGHLAND WAY

Milngavie to Fort William Scottish Long Distance Route

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This guidebook describes Scotland's West Highland National Trail, a 95-mile walk from Milngavie near Glasgow to Fort William, passing Loch Lomond and crossing Rannoch Moor. Divided into 7 sections ranging from 8 miles (14km) to 20 miles (32km), the route can be completed in 6 to 9 days.

Passing from the lowlands to the highlands, the West Highland National Trail captures the wild beauty of western Scotland, showcasing the splendour of glens flanked by great mountains, majestic moorland and sprawling farmland.

Step-by-step descriptions of the route south to north are accompanied by a summary description of the route 'against the flow' as well as 1:100,000 OS mapping. A convenient separate booklet of 1:25,000 OS maps provides all the mapping needed to complete the trail. The guide also features a trek planner which highlights information about accommodation, facilities and public transport along the route.

Key marketing points

- updated 4th edition of this popular guidebook
- good planning is essential, and this guidebook provides comprehensive logistical information
- includes a 1:25,000 OS map booklet showing the entire route

About the author

Dr Terry Marsh is a Lancashire-based award-winning writer and photographer who specialises in the outdoors, the countryside, walking and travel worldwide. He has been writing books since the mid-1980s, and is the author of over 100 titles. Terry holds a PhD in Historical Geography and a Master of Arts degree (with Distinction) in Lake District Studies, is a Fellow of the Royal Geographical Society (FRGS) and the Society of Antiquaries of Scotland (FSA Scot), a member of the National Union of Journalists, and an Honorary Life Member of the Outdoor Writers and Photographers Guild.

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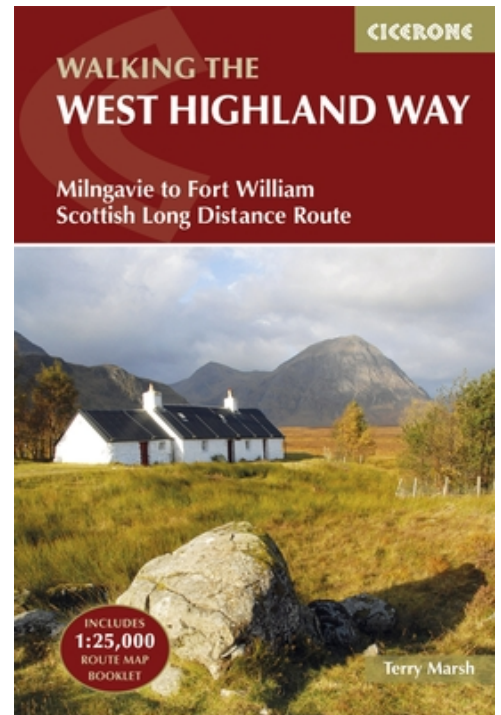
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