



# WALKING IN NORFOLK

40 circular walks in the Broads, Brecks, Fens and along the coast

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This guidebook describes 40 day walks across Norfolk ranging in length from 4 to 12 miles. All walks are circular, along footpaths, bridleways and quiet country lanes, and some use parts of long-distance paths, including the Peddars Way, Norfolk Coast Path, Boudica's Way and Weavers Way. The walks are divided into five sections: the northeast coast and the Broads; south Norfolk, the Yare and Waveney; North Norfolk and the Coast; Central Norfolk and Breckland; and West Norfolk and the Fens.

Contrary to popular belief, Norfolk is made up of varied landscapes, and the walks in this book take in sandy beaches, shingle banks, watery fenland, ancient woodland and rolling pastoral farmland. The county's diverse habitats make it a great destination for walkers with an interest in natural history and wildlife, while its rich heritage and low levels of urbanisation will appeal to lovers of history.

Full route descriptions are given for all the walks, and each is accompanied by an extract from the OS 1:50,000 map blown up to 1:40,000 for greater clarity. They include advice on available refreshments and public transport, as well as background information on points of interest passed along the way.

## Key marketing points

- 40 routes for all seasons of the year and most levels of ability
- superb wildlife and landscape, with numerous National Nature Reserves and Sites of Special Scientific Interest
- significant tourist destination with walking a popular activity

## About the author

Originally from the West Midlands, Laurence Mitchell has been based in East Anglia for longer than he cares to remember. He worked as a geography teacher for many years before finally reinventing himself as a freelance travel writer and photographer. Laurence is especially interested in off-the-beaten-track destinations like the Balkans, Central Asia and the Caucasus region and has written guidebooks to Serbia, Belgrade and Kyrgyzstan as well as his own backyard of Norfolk and Suffolk, which he enjoys just as much as anywhere else. He is a member of the British Guild of Travel Writers and the Outdoor Writers and Photographers Guild.

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