

THE RIDGEWAY NATIONAL TRAIL

Avebury to Ivinghoe Beacon, described in both directions

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This guidebook describes the Ridgeway National Trail, an 87 mile (139km) route through southern England from Avebury in Wiltshire to Ivinghoe Beacon in Buckinghamshire. The route is typically walked in 6 days, although 8 days might be more comfortable, and 10 to 12 days would give plenty of time for exploring the surrounding area. The low-level waymarked route runs through the Chiltern Hills AONB and North Wessex Downs AONB, and it can be walked all year round.

This trail takes walkers through five counties and five thousand years of history, following tracks that have been used since prehistoric times. It visits the UNESCO World Heritage Site of Avebury's Neolithic stone circle and the famous Uffington White Horse, and includes excursions to picturesque villages, thatched cottages and cosy pubs.

The guidebook details the trail in both directions, both west to east and east to west. Step-by-step route descriptions are accompanied by 1:100,000 OS mapping. A separate OS 1:25,000 map booklet showing the entire route is included with the guidebook.

It features information on plants and wildlife, geology and historic sites. With a trek planner giving at a glance information about facilities, public transport and accommodation available along the way, this is an indispensable guide to walking this route.

About the author

Steve Davison is a writer and photographer who has lived in Berkshire for over 25 years. He has written a number of books as well as articles for magazines and national and local newspapers, specialising in hill-walking and UK and European travel, and counts nature, geology and the countryside among his particular interests. A keen hill-walker for many years, and a Mountain Leader, Steve has also worked as a part-time outdoor education instructor. He is also a member of the Outdoor Writers and Photographers Guild.

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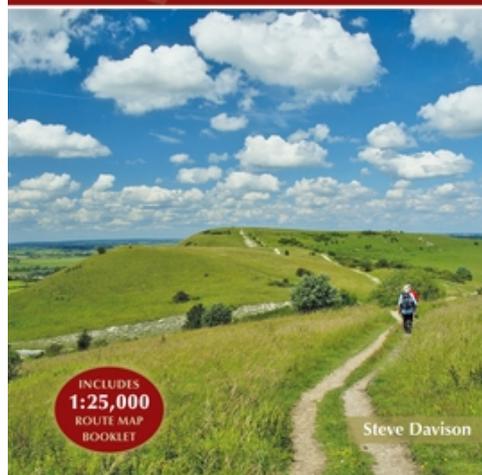
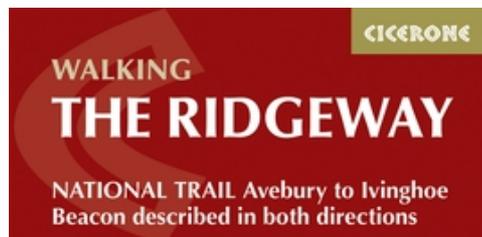
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