

WALKING THE MUNROS VOL 1 - SOUTHERN, CENTRAL AND WESTERN HIGHLANDS

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The Munros – the Scottish mountains over 3000ft – boast some of the most dramatic mountain scenery in Britain. Volume 1 of a two-part set, this guide details 69 exciting and challenging routes to climb 139 Munros, covering the southern, central and western highlands. Suitable for those with experience of mountain walking, some routes require scrambling whilst others include the option to cycle a section of the journey. This volume features many popular areas such as Glencoe, Lochaber and Mull and includes the iconic Ben Nevis and Buachaille Etive Mor.

Alongside 1:100,000 mapping and colour photography, the guide provides comprehensive information on tackling this famous collection of mountains with useful details on Gaelic names, accommodation and access. Also included is a full list of all 282 Munros – a useful resource for peak-baggers.

Volume 2 covers the Munros of the northern highlands and Cairngorms.

About the author

Steve Kew is a freelance journalist and keen mountaineer. He started climbing in 1970, and since then has walked and climbed extensively in the Himalayas, Alps and the mountain ranges of Britain. He currently lives in southwest Scotland, and is an active member of the Galloway Mountain Rescue Team and the Mountain Rescue Committee. His previous writing includes three books, many articles for newspapers and magazines, and radio drama for the BBC.

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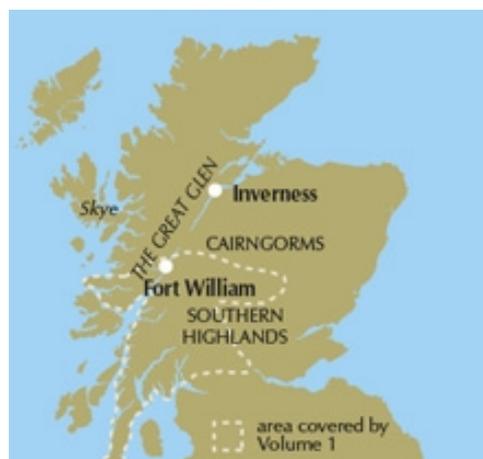
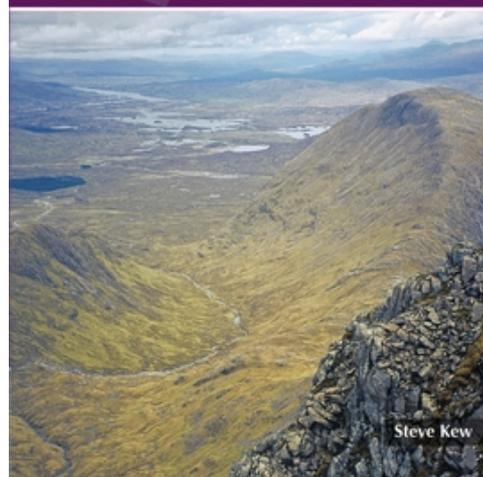
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