

WALKING IN THE YORKSHIRE DALES: SOUTH AND WEST

Wharfedale, Liddale, Malhamdale, Dentdale and Ribblesdale

ISBN: **9781852848859** (Short Code: 885)

Publication Date: **November 2020**

Price: **£12.95**

Edition: **Second** (replaces 9781852844851)

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Paperback Gloss Laminated, 256 pages

17.2cm x 11.6cm

This book, one of two guides to the Yorkshire Dales National Park, explores the Yorkshire Dales and the surrounding hills and moors. This volume covers Ribblesdale, Liddale, Malhamdale, Dentdale and Wharfedale. It presents 44 mainly circular walks showcasing the best walking in the region from easy strolls of 4 miles to more strenuous day-long outings. With walks accessible from Sedbergh, Kirkby Lonsdale, Settle, Skipton and Grassington, the book includes Malham Cove, Ingleborough and Whernside as well as the 23-miles Three Peaks circuit.

Few areas in England are so completely and immediately appealing as that central portion of the Pennines known as the Yorkshire Dales. Even today, many of the valleys remain relatively isolated, which has enabled each to develop a unique character. The ancient arteries of paths, trackways and narrow lanes are an integral part of that charm and everywhere are the stunning views, panoramic scenery and intriguing geological formations, characteristic of the Dales.

Step-by-step route descriptions for each walk are accompanied by extracts from OS 1:50,000 mapping. An introduction has notes on the national park, and the evolution of the landscape, plants and wildlife.

The Yorkshire Dales: North and East covers the Howgills, Mallerstang, Swaledale Wensleydale, Coverdale and Nidderd

About the author

Dennis and Jan Kelsall have long held a passion for countryside and hill walking. Since their first Cicerone title was published in 1995, they have written around 35 guides to some of Britain's most popular walking areas and have become regular contributors to various outdoor magazines.

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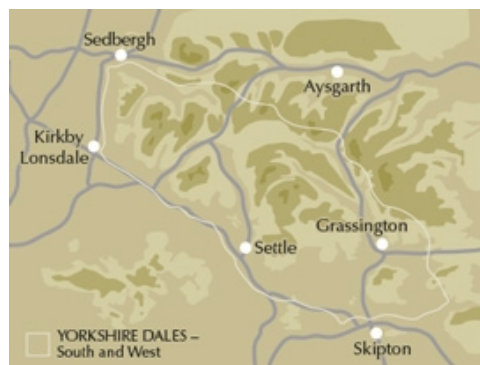
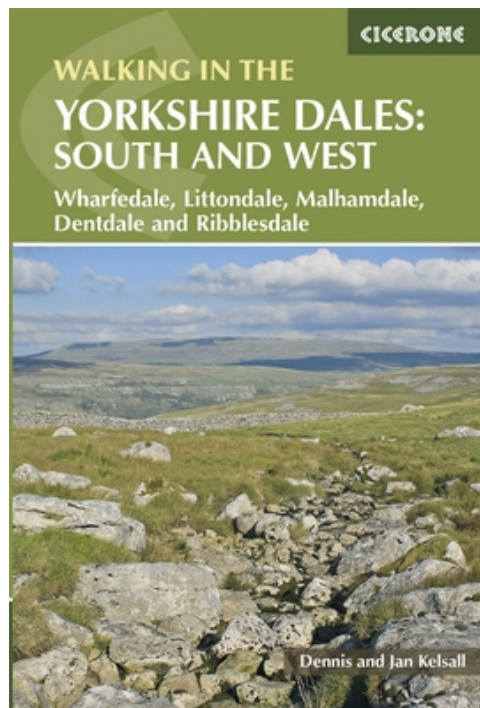
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