

# SCRAMBLES IN SNOWDONIA

Snowdon, Glyders, Carneddau, Eifionydd and outlying areas

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This updated version of Steve Ashton's classic guide presents 80 scrambles in the stunning Snowdonia National Park. The graded routes range from introductory traverses to demanding climbs involving technicality and exposure, recommended only for those with considerable experience, a strong head for heights and solid grounding in basic rope technique. They offer challenge, adventure and exhilaration, but also breath-taking scenery and an unparalleled opportunity to connect with the mountains of North Wales.

Each scramble opens with a statistics box to aid route selection, followed by comprehensive route description detailing the preferred line of ascent. Photo topos illustrate these lines, and descent options and link-up suggestions are also offered. Inspirational colour photography completes the package.

Covering the Carneddau, Glyders, Snowdon Group, Eifionydd and outlying areas, the classics are all there – the Snowdon Horseshoe, North Ridge of Tryfan, Bristly Ridge and the Cneifion and Cyfrwy Arêtes – as well as a number of lesser-known routes, including 16 not included in the previous guide. The result is an ideal companion to scrambling in Snowdonia that will appeal to both die-hard aficionados and those just starting out who wish to gain wider experience.

## About the author

Steve Ashton lived in Snowdonia for 20 years, during which he wrote several climbing and walking books to the region. The best known of these is the highly influential and now classic Scrambles in Snowdonia, which was largely responsible for reviving interest in this esoteric sport.

Carl McKeating and Rachel Crolla began their hiking careers in the Yorkshire Dales and the Lake District. They went on to walk and climb all over Europe, exploring all the major mountain ranges. In 2007, Rachel became the first woman to climb to the highest point of every country in Europe. The couple's resulting guidebook Europe's High Points was published by Cicerone in 2009.

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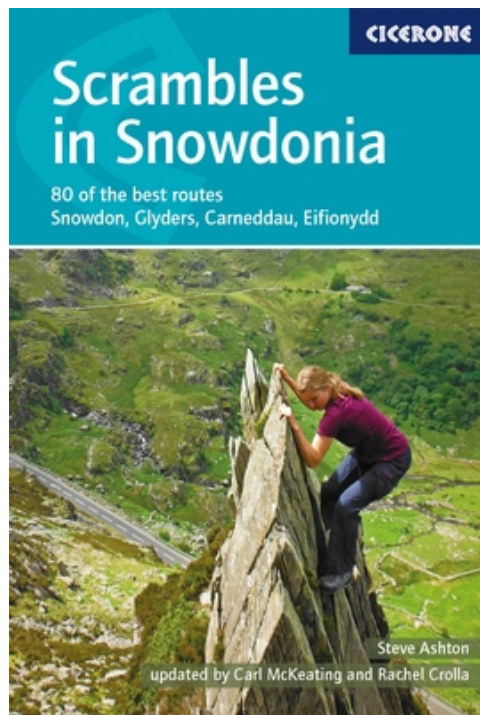
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