

NAVIGATION

Techniques and skills for walkers

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This practical guide will help you develop the key navigational skills needed to stay safe when exploring the great outdoors and to get the most out of your map, compass and GPS device. Topics are clearly set out, with chapters covering map essentials (scales, grids, symbols and contours), navigation, route planning, bearings and GPS and digital mapping.

This new edition incorporates recent technological developments though still stresses the importance of being able to use map and compass. From the basics of learning to orientate your map through simple route finding to dealing with more challenging conditions such as darkness or poor visibility, you'll find clear guidance on all aspects of navigation. There is also advice on choosing equipment, plus a list of useful weblinks. A handy pull-out navigation aid covering scale, grid references, timing and pacing can be found within the cover flap.

Conveniently sized to slip in a pocket or rucksack top, *Navigation* is an invaluable point of reference for all who take part in outdoor activities. The chapters are illustrated with explanatory photos and diagrams plus extracts from real maps and map keys. Also included are suggestions to help you test out your new skills. Practice will make perfect, and with that will come the freedom and confidence to enjoy our hills and mountains safely.

Key marketing points

- Second edition of a best-selling outdoor skills guide
- This new edition incorporates recent technological developments though still stresses the importance of being able to use map and compass.
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About the author

Pete Hawkins trained as a geography teacher and taught in schools for a year before escaping to the Peak National Park's Environmental Centre for an outdoor job. He took over map and compass training and has since written for a variety of outdoor magazines. He now leads walking holidays around the world from his base in the Peak District.

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Pete Hawkins

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