

THE GR11 TRAIL

The Traverse of the Spanish Pyrenees - La Senda Pirenaica

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Author: **Brian Johnson**

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This guidebook describes the GR11 trail, one of three long-distance coast-to-coast routes across the Pyrenees. The 820km waymarked trail traverses the range on the Spanish side of the border, stretching from Cabo de Higuer, near Irún in the Basque region, to Cap de Creus on the Mediterranean. It is more scenic than its French counterpart, the GR10, and easier than the Pyrenean Haute Route, which calls for mountaineering skills. The guide presents the GR11 in 47 stages of 8–31km. Although some trekkers may prefer to wild camp, there is a wide range of accommodation on route, from luxurious hotels to hostels, refuges and campsites.

From the gentle grassy and wooded hills of Navarre to the alpine valleys and high passes of the High Pyrenees, the route passes through Spain and Andorra to terminate on the spectacular peninsula of Cap de Creus. It offers a varied journey full of attractive landscapes and stunning mountains, as well as picture-perfect villages and welcoming mountain huts. However, although the GR11 often enjoys favourable weather, it passes through difficult, remote areas, and requires experience of high mountain trekking.

Detailed route description is illustrated with route maps and photography, and the guide also features practical advice, such as notes on accommodation, alternative routes, where to resupply, language and logistics. The result is an ideal companion for anyone thinking of taking on this fantastic trans-Pyrenean trek.

Key marketing points

- Consistently the most popular of the three main Pyrenean long-distance routes

About the author

Since taking early retirement from his career as a physics and sports teacher, Brian Johnson has found time for three thru-hikes of the Pacific Crest Trail, a 2700-mile round-Britain walk and a single summer completion of the Munros. A keen climber and hiker, he has led school groups in Britain, the Alps, the Pyrenees and California and has completed ten traverses from Atlantic to Mediterranean on the Pyrenean Haute Route, GR11 or GR10.

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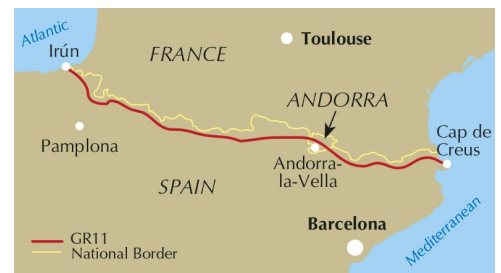
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